



Dayananda Sagar College of Dental Sciences,
Shavige Malleshwara Hills, Kumaraswamy Layout,
Bengaluru

DSCDS/Internal/2018-19/

Date: 01/09/2018

POLICY DOCUMENT

MENTORSHIP PROGRAM FOR STUDENTS

What is Mentorship Programme?

Student success is at the core of any academic institution and, we at DSCDS believe that it is a shared responsibility. Mentoring is an exciting complex phenomenon that is natural or artificially contrived to benefit individuals within a sharing partnership (Palmer, 1987). DSCDS offers unique mentorship programme where students have the opportunity to develop a relationship with a faculty member who can become a role model and advocate for the student by offering support and also counsel.

We at DSCDS believe that mentoring of all sorts can greatly enhance students' experience and assist them in actively engaging in educationally-purposeful activities which are known to improve their success. Mentoring can assist students in engaging as part of a larger community; it can strengthen them to recognize their skills, abilities, and interests, and assist them in thinking through and accomplishing long-term goals.

Mentoring can take several forms including career exploration and life skills development. By pairing faculty or staff members with students over the course of an academic year, with scheduled meetings in a comfortable environment, the students will be given the opportunity to talk about his or her academic needs, share his or her goals, and discuss concerns and needs. The mentoring activities and support encourage academic excellence, self-esteem, and personal growth of the students.

Why Mentorship Programme?

1. Students in health sciences are exposed to a unique learning environment in which they not only interact with their peer group and faculty but also with the patients and their attendants. This requires special skills which can be honed by mentoring programs.

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2. The learning atmosphere in health sciences institutions are demanding and challenging. "Performance culture" is ingrained into the learning system which places stress on students. Mentoring can help in providing guidance to students and also can act as stress busters.
3. Students need a support system which can guide, care and counsel during the learning process which is readily provided by apt mentorship programs.
4. Students undergo commonly psychological upheavals while doing professional studies which needs enormous amount of social, psychological and personal adjustments. Such an adjustment is possible under the close guidance of a mentor with whom the mentee will have a trustful relationship.
5. Academic performance can certainly get boosted when personal psychological and social issues are resolved by the assistance of a mentor.
6. Parents of the students may probably feel more comfortable when their wards are supervised and guided by mentors.
7. A mentor maybe a role model for the mentee so that the mentee can grow into the shoes of the mentor. Goal setting becomes easier.
8. It provides a feedback system- feedback is central to mentoring and is a great tool to enhance and embed learning.
9. It is not exclusive – but actually complements other methods of learning.

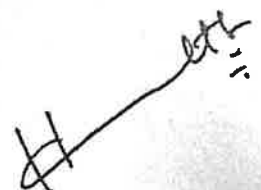
We at DSCDS believe in giving the best for our students and hence we have a mentorship program to help them sail through the course smoothly.

Who is a Mentor?

A mentor is a person or friend who guides a less experienced person by building trust and modelling positive behaviours. An effective mentor understands that his or her role is to be dependable, engaged, authentic, and tuned into the needs of the mentee. We have carefully chosen mentors, who have experience and eager to help our students.

Who is a Mentee?

The mentee is the student who needs to absorb the mentor's knowledge and have the ambition and desire to know what to do with this knowledge. As a student, the mentee needs to practice and demonstrate what has been learned.



- The students under the respective mentor are supposed to complete their clinical work, field work and project work within the stipulated period of time.

Responsibilities of the Mentor

1. **Advisor and coach:** provide advice, guidance, and feedback; share their experience and expertise as appropriate; act as a sounding board for ideas and action plans.
2. **Leader and motivator:** offer encouragement and support to try new things; help mentees move out of their comfort zones; celebrate successes; help mentees understand when things do not go as planned
3. **Counsellor:** a sounding board when the mentee is solving a problem or making a difficult decision. As a confidant, the mentor helps the mentee to clarify the real issues involved and to see the bigger picture.
4. **Facilitator:** takes action that will indirectly smooth the way for something else to happen; starting a process that will help the mentee to pursue their goals
5. **Resource and recommendations:** identify resources that will help mentees with personal development and growth, such as recommending books, workshops, or other learning tools.
6. **Devil's advocate and "truth-sayer":** provide the tough feedback that mentees need to hear in order to move forward; push mentees to take risks when appropriate; help mentees consider and weigh potential consequences of decisions and actions to avoid the pitfalls and predictable surprises that may occur.

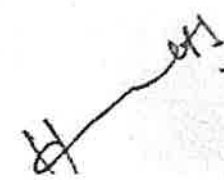
Responsibilities of the Mentee

1. Allow your mentor to take the lead in the relationship, at least initially. Listen and respect the opportunities, limitations and format of the relationship he or she is able to provide for you. Always act with courtesy and respect towards your mentor.
2. Use active listening skills during discussions with your mentor. Be careful not to interrupt, unless you need to clarify a point and you see no other opportunity or pause.
3. Prepare the goals and objectives you have for your career. Be prepared to ask for specific guidance and advice on your goals, plans and strategic ideas.
4. Take the initiative to ask for feedback. Feedback, although difficult to hear at times, is critical to your personal and professional growth and development.
5. Always be considerate and respect your mentor's time as you do your own.

Duties of the Faculty Mentor

- To meet with mentees during the last week of every month. To contact mentees if they have not heard from them by their designated due dates.
- Express your expectations for the relationship and define what you hope to gain from and offer to the relationship
- Organising and co-ordinating student learning activities in practice.
- Supervising students in learning situations and providing them with constructive feedback on their achievements.
- Setting and monitoring achievement of realistic learning objectives
- Our mentors are going to keep a constant watch on the progress of their students. Assessing total performance – including skills, attitudes and behaviors.
- Liaising with others to provide feedback, identify any concerns about the student's performance and agreed action when appropriate.
- To facilitate personal growth and development and assists with career progression, while guiding the mentee through the clinical, educational, social and political networks of the working culture.
- Mentors will report to the Chief Mentor, the progress made by the students under their mentorship and also discuss about the problems and challenges faced by the students with a thorough note of strengths and weaknesses.
- Mentors will notify the Chief Mentor, via the Mentorship report form, if the student display positive or negative attribute that distinguishes them from their peers or if there are any concerns regarding professionalism in any student.

Duties of the Mentee

- To contact their mentor to set up a meeting.
 - To meet their mentor during the last week of every month.
 - To fill out their mentorship form before their mentorship meeting.
 - Students are supposed to report to the mentors periodically for any problems that they face with respect to studies or otherwise.
 - Every student should lend himself/herself to be mentored so that the best in the student can be extracted.
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6. Demonstrate that you have followed advice or commitments for action at every opportunity, even if you have modified your plan.
7. Make only positive or neutral comments about your mentor to others. If you disagree with your mentor's values, behaviors, or attitudes, discuss it with him/her directly. Respect your mentor's confidence and trust.
8. Keep the door open to return to your mentor for assistance or advice at a future time.
9. Follow up with your mentor after termination to keep in touch, to share your progress and to continue to express your gratitude.

Term of the Mentorship committee members

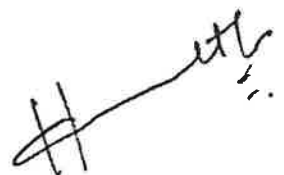
The term of the committee members would be for 3 years.

Meetings of Committee members

Three meetings will be held each year. One meeting will be an internal committee members meeting & every alternate meeting will be a full committee meeting.

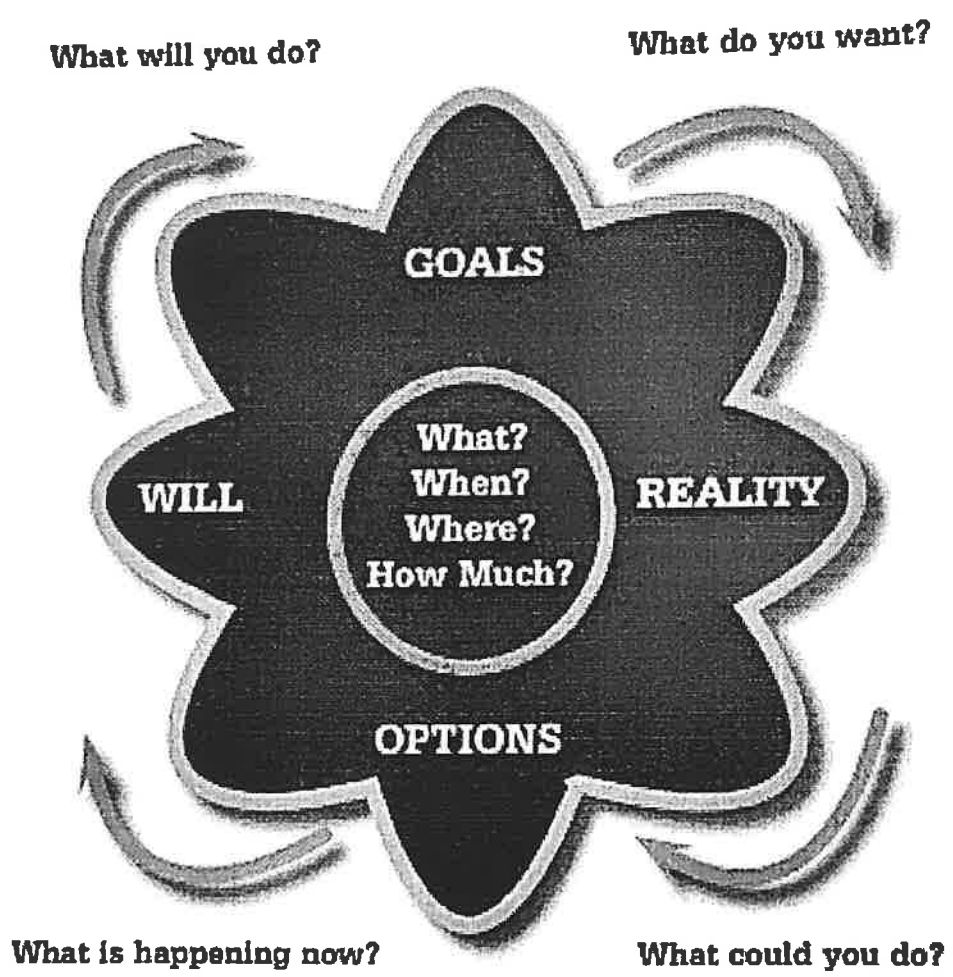
Mentorship process outline

1. Regular mentor mentee meeting will be held during the last week of every month.
2. Meeting will be conducted in an organized manner.
3. Meeting will be done in a conducive environment and with adequate privacy. GROW model will be applied during the mentorship session.
4. Discussion points will be documented and a summary report will be prepared. In case of confusions and/or need for clarifications one will bring the issues to the notice of chief mentor.
5. The monthly summary report will be submitted to the chief mentor within 7th of every month.
6. Once in 4 months committee meeting will be held. Every alternate meeting will be a full committee meeting. These reports will be submitted to the chairperson.



Mentoring using the **GROW** model

The GROW model is a good way to structure a meeting with your mentee. You can either start with the goal and work logically through the model or you can move the model around, starting with the reality and then the goal, if this works best. Remember to always finish with the way forward and ensure that this is set and owned by the mentee. The model is outlined below.



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Conceptual Framework – Mentoring GROW model

	Objective	Example questions
Goal	<ul style="list-style-type: none"> • Agree the discussion topic • Agree specific objectives for the session • Set a long-term goal or aim if this is appropriate 	<ul style="list-style-type: none"> • What would you like to discuss? • What do you want to achieve in this session? • What differences would you like to see on leaving this session? • Do we have sufficient time for you to be able to attain this?
Reality	<ul style="list-style-type: none"> • Invite self-assessment of topic or situation • Give specific examples of feedback • Check assumptions for validity • Discard irrelevant assumptions and history 	<ul style="list-style-type: none"> • How do you know this is accurate? • How often does this occur? • What impact or effect does this have? • Are there other factors that are relevant? • What is X's perception of the situation? • What have you done or tried to date?
Obstacles	<ul style="list-style-type: none"> • Identify obstacles • Find out if the mentee thinks there is more than one • You should consider and decide the different types: people, resources, environment etc. 	<ul style="list-style-type: none"> • What prevents you from achieving your goal? • What else could be preventing you? • What personal changes do you think you would need to make to achieve your goal? • What is hindering you from changing? • Do any of your direct/indirect behaviours, attitudes, competencies, skills etc contribute to or help the situation?
Options	<ul style="list-style-type: none"> • Make sure to cover the full range of options • Invite suggestions from the mentee • Offer suggestions carefully • Ensure mentee makes the option choices 	<ul style="list-style-type: none"> • What alternatives are there to that approach? • Who might be able to help you? • Would you like me to make suggestions? • Can you identify the pros and cons for that option? • Do you have a preferred option you'd like to act on?
Way forward	<ul style="list-style-type: none"> • Get a commitment to act • Identify the potential obstacles • Plan detailed actions within a set timeframe • Agree what support will be given 	<ul style="list-style-type: none"> • What are your next steps? • What timeframe will you set? • Can you anticipate anything getting in your way? • How will you keep a log of your progress? • What support might you need? • How and when can you get that support?

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(Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore)

(Recognised by Dental Council of India, New Delhi)

ISO 9001 : 2008 Certified Institution

DSCDS/2019-20/

May 21, 2019

To
Prof. Capt. Nagaraj Subbarao
Dean, Center for Executive Education
Dayananda Sagar Institutions
Bangalore

Dear Sir,

I, on behalf of Mentorship Committee, DSCDS, would like to extend my sincere gratitude for your motivational presentation on mentorship and sharing your knowledge with the faculty of DSCDS. We would like to have many more inspirational programmes with you in future and seek your guidance in carrying out the mentorship programme at Dayananda Sagar College of Dental Sciences, Bangalore.

Thanking you Sir,

Yours faithfully

Prof. Dr. Hemanth.M

M.D.S, Ph.D

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SENATE MEMBER, RGUHS

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Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore - 560 078.

Phone : +91 80 26663654 / 26913718 / 26661104, Fax : 080-26663654

Website : www.dayanandasagar.edu



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To,

03/05/19

Prof. Capt. Nagaraj Subbarao

DSI, Campus 3

Hosur Road

Bangalore

Respected sir,

Sub: Invitation to conduct workshop on mentorship at DCSDS, Bangalore

DCSDS is planning to adopt mentorship programme for under graduate and post graduate students from the academic year 2019 onwards. In this connection, we have formed a mentorship committee and we are happy to have you as an external member of the committee. Sir, we are happy to collaborate with you and receive your valuable inputs. We thank you for accepting the membership and for reviewing our policy document.

As per the oral communication with you, we are conducting a workshop titled "Demystifying mentorship" under your guidance on 17th May 2019 from 10.30 AM -12.30 PM in CIL, DSI, Campus 1, Bangalore. We are extending you a warm invitation to be the resource person for the workshop and provide us the benefit of your expertise. Looking forward eagerly to your workshop.

Thanking you,

Yours faithfully,

(Dr Nagesh L)

Member secretary

Dr. Nagesh .L M.D.S., PGDHPD
Professor & HOD
Department of Public Health Dentistry
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

Principal

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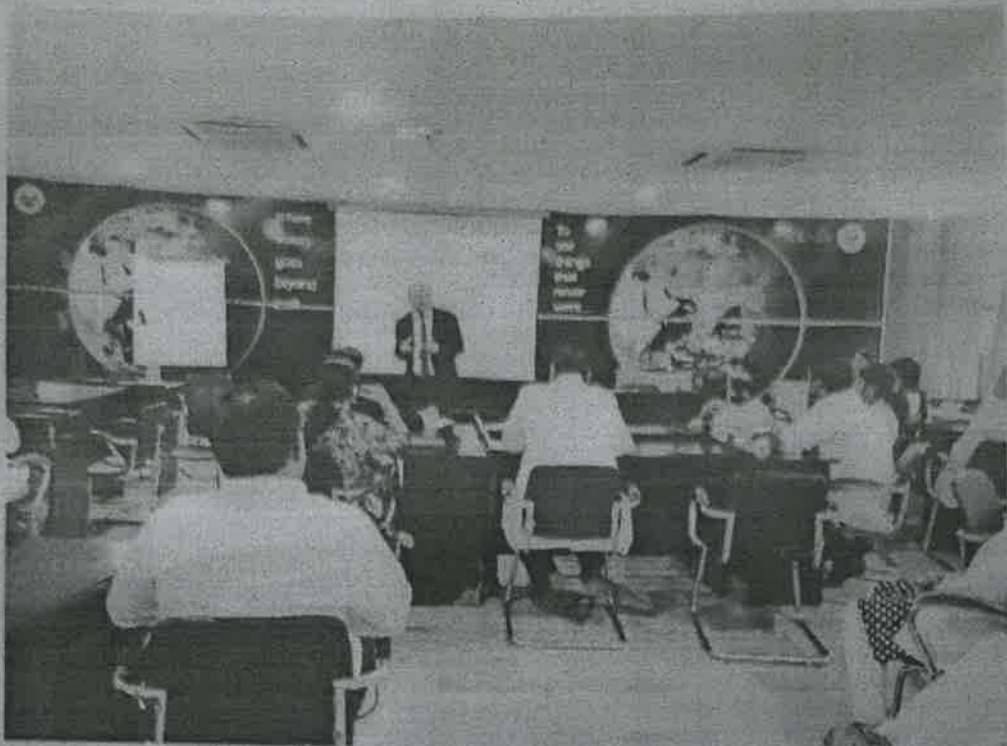
MENTORSHIP COMMITTEE

As an initiative in 2019, Dayananda Sagar college of Dental Sciences, formulated a Mentorship Committee along various other committees in January under the leadership of the Head of the Institution Prof. Dr Hemanth M as the Chairperson of the Committee and Dr Nagesh L, Professor and Head, Department of Public health dentistry as the Co-Chairperson and chief mentor of the committee. Prof. Capt Nagaraj Subbarao was included as the external member of the committee as per the direction of Vice Chairperson Dr Premachandra Sagar. The committee conducted meetings couple of times and formulated a policy document, which was approved by all the committee members and also the external member Prof. Capt. Nagaraj Subbarao. The committee has planned to conduct a series of workshops on mentorship to enhance the knowledge as well as train the faculty of DSCDS to take up the mentees and make a head start of the mentorship programme in the institution including and involving 1st Year BDS students from Aug 2019.

In this connection the mentorship committee organized its 1st workshop titled "Demystifying Mentorship" at CIL on 17th May 2019 between 11.30 AM to 2.00 PM. The resource person for the workshop was Prof. Capt. Nagaraj Subbarao, Dean, Center for Executive Education and Professor, School of commerce and Management Studies. The workshop was conducted for all the teaching faculty of DSCDS. The participants were segregated into five groups to facilitate group activities.

The workshop was very inspiring and informative. The presentations were engaging, highly informative and very productive with multiple group activities. We extend our thanks and gratitude to the resource person for such inspiring presentations. Organizing this programme was a learning experience for the Mentorship Committee of DSCDS and the committee looks forward to organize many more such programmes.


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LECTURE BY Prof. Capt. NAGARAJ SUBBARAO



DELAGATES SEGREGATED INTO GROUPS


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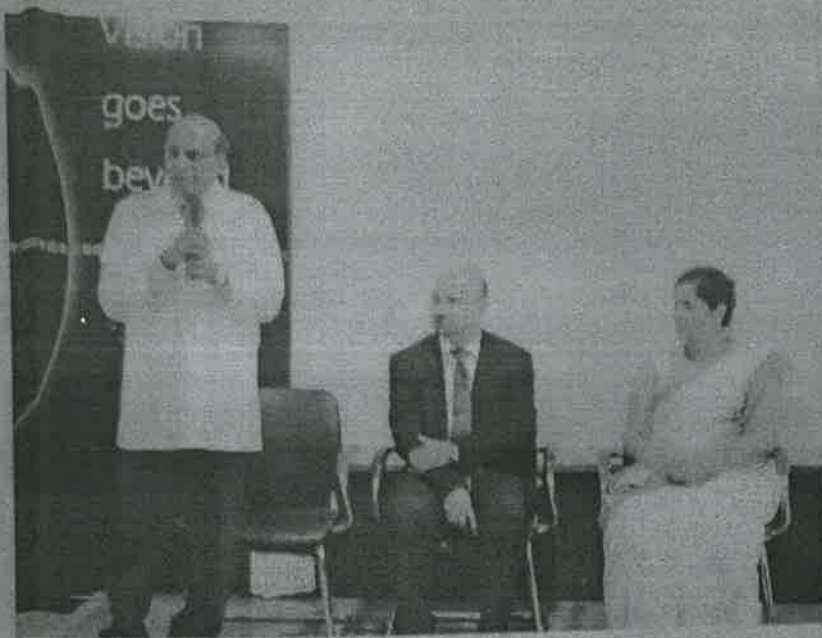


GROUP ACTIVITY SESSION

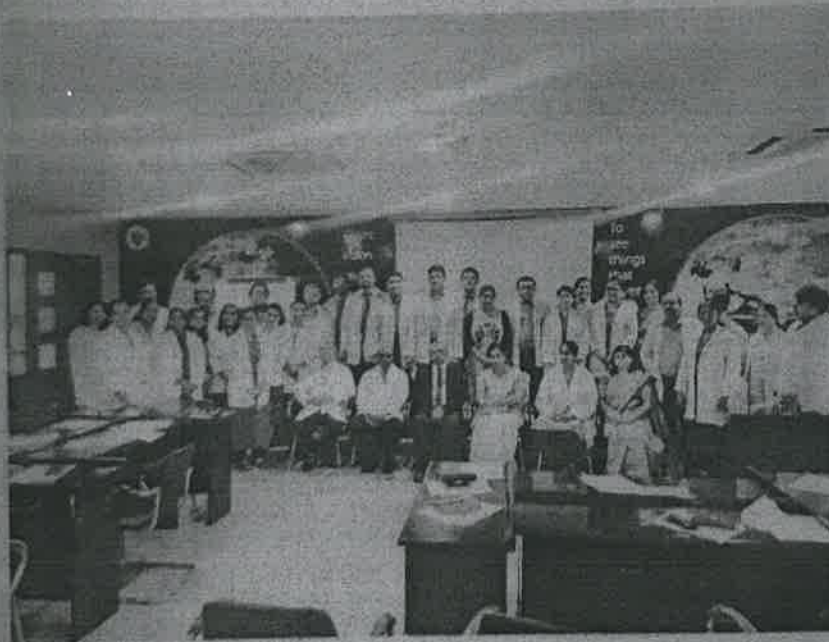


GROUP ACTIVITY SESSION


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INAUGURATION OF THE PROGRAMME



GROUP PHOTO OF ALL THE DELAGATES WITH THE RESOURCE PERSON

Chairperson Mentorship Committee

(Dr Hemanth M)

Co- Chairperson Mentorship Committee

(Dr Nagesh L)

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Demystifying Mentorship

A Workshop: Prof. (CAPT) Nagaraj Subbarao

Friday, May 17, 2018

Venue: CIL Auditorium

Dayananda Sagar College of Dental Sciences

From (Hours)	To (Hours)	Event
10:30	11:30	The talk
11:30	11:45	Break
11:45	12:45	Walking the talk
12:45	13:00	Winding down

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Assessing Your Behaviour Pattern


Never Late	11	10	9	8	7	6	5	4	3	2	1	Casual About Appointments
Not Competitive	1	2	3	4	5	6	7	8	9	10	11	Very Competitive
Never Late	5	4	3	2	1	0	1	2	3	4	5	Casual About Appointments
Anticipates what others are going to say	5	4	3	2	1	0	1	2	3	4	5	Good Listener
Always Rushed	5	4	3	2	1	0	1	2	3	4	5	Never Feels Rushed
Can Wait Patiently	5	4	3	2	1	0	1	2	3	4	5	Impatient While Waiting
Goes All Out	5	4	3	2	1	0	1	2	3	4	5	Casual
Takes one thing at a time	5	4	3	2	1	0	1	2	3	4	5	Multitasks
Emphatic in speech	5	4	3	2	1	0	1	2	3	4	5	Slow and deliberate talker
Craves for recognition	5	4	3	2	1	0	1	2	3	4	5	Aims to satisfy oneself
Fast	5	4	3	2	1	0	1	2	3	4	5	Slow
Easy Going	5	4	3	2	1	0	1	2	3	4	5	Hard Driving
Hides Feelings	5	4	3	2	1	0	1	2	3	4	5	Expresses Feelings
Many outside interests	5	4	3	2	1	0	1	2	3	4	5	Few Outside Interests
Unambitious	5	4	3	2	1	0	1	2	3	4	5	Ambitious


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are going to say													
Always Rushed	11	10	9	8	7	6	5	4	3	2	1	Never Feels Rushed	
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Many outside interests	1	2	3	4	5	6	7	8	9	10	11	Few Outside Interest	
Unambitious	1	2	3	4	5	6	7	8	9	10	11	Ambitious	

Scoring

- Extreme Type – B (14-63)
- Moderate Type – B (64-92)
- Moderate Type – A (93-107)
- Extreme Type – A (108-154)


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Motivational Needs

Read each statement and record one that motivates you

1	a) When doing a job I need feedback
	b) I prefer to work alone and be my own boss
	c) I'm uncomfortable when forced to work alone

2	a) I go out of my way to make friends with new people
	b) I enjoy a good argument
	c) After starting a task, I'm uncomfortable until it is finished

3	a) Status symbols are important to me
	b) I'm always getting involved with group projects
	c) I work best when there is a deadline

4	a) I work best when there is some challenge involved
	b) I would rather give orders than take them
	c) I'm sensitive to others, especially when they are angry

5	a) I'm eager to be my own boss
	b) I accept responsibility eagerly
	c) I get personally involved with my superiors

6	a) I include others in what I'm doing
	b) I prefer to be in charge of events
	c) I'm uncomfortable when forced to work alone

7	a) I'm concerned about my reputation and position
	b) I desire to outperform others
	c) I'm concerned about being liked and accepted

8	a) I enjoy and seek warm friendly relationships
	b) I get completely involved in a project
	c) I want my ideas to be utilized

9	a) I desire unique accomplishments
	b) I do not like to be left out of things
	c) I enjoy influencing the direction of things

10	a) I think about consoling and helping others
	b) I'm verbally fluent
	c) I'm restless and innovative

11	a) I think about my goals and how to attain them
	b) I think about ways to change people
	c) I think about my feelings and feelings of others

Answer Key

1. a. achievement b. power c. affiliation
2. a. affiliation b. power c. achievement
3. a. power b. affiliation c. achievement
4. a. achievement b. power c. affiliation
5. a. power b. achievement c. affiliation
6. a. affiliation b. power c. achievement
7. a. power b. achievement c. affiliation
8. a. affiliation b. achievement c. power
9. a. achievement b. affiliation c. power
10. a. affiliation b. power c. achievement
11. a. achievement b. power c. affiliation

Count the number that you have in each category and record below.

1. affiliation _____
2. power _____
3. achievement _____


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Least Preferred Coworker Scale

Instructions

Think of all the different people with whom you have ever worked . . . in jobs, in social clubs, in student projects, or whatever. Next think of the one person with whom you could work least well, that is, the person with whom you had the most difficulty getting a job done. This is the one person (a peer, boss, or subordinate) with whom you would least want to work. Describe this person by circling numbers at the appropriate points on each of the following pairs of bipolar adjectives. Work rapidly. There are no right or wrong answers.

Pleasant	8	7	6	5	4	3	2	1	Unpleasant
Friendly	8	7	6	5	4	3	2	1	Unfriendly
Rejecting	1	2	3	4	5	6	7	8	Accepting
Tense	1	2	3	4	5	6	7	8	Relaxed
Distant	1	2	3	4	5	6	7	8	Close
Cold	1	2	3	4	5	6	7	8	Warm
Supportive	8	7	6	5	4	3	2	1	Hostile
Boring	1	2	3	4	5	6	7	8	Interesting
Quarrelsome	1	2	3	4	5	6	7	8	Harmonious
Gloomy	1	2	3	4	5	6	7	8	Cheerful
Open	8	7	6	5	4	3	2	1	Guarded
Backbiting	1	2	3	4	5	6	7	8	Loyal
Untrustworthy	1	2	3	4	5	6	7	8	Trustworthy
Considerate	8	7	6	5	4	3	2	1	Inconsiderate
Nasty	1	2	3	4	5	6	7	8	Nice
Agreeable	8	7	6	5	4	3	2	1	Disagreeable
Insincere	1	2	3	4	5	6	7	8	Sincere
Kind	8	7	6	5	4	3	2	1	Unkind

Scoring

Compute your LPC score by totaling all the numbers you circled. Enter that score below:

LPC = _____

Interpretation

The LPC scale is used by Fiedler to identify a person's dominant leadership style (see the textbook material). Fiedler believes that this style is a relatively fixed part of one's personality, and is therefore difficult to change. This leads Fiedler to his contingency views, which suggest that the key to leadership success is finding (or creating) good "matches" between style and situation.

If your score is 73 or above, you are considered a "relationship-oriented" leader. If your score is 64 or below, you are considered a "task-oriented" leader. If your score is 65 to 72, you are a mixture of both, and it is up to you to determine which leadership style is most like yours.

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Life Dream Exercise



1	<p>When in your life did you experience resonance or flow? What were you doing?</p>	
----------	---	--

Identify your life's external dream (Ldext)

1	<p>What do you want to be doing at age _____ (add 15 years to your present age)</p>	
2	<p>What do you want to be at age _____ (add 15 years to your present age)</p>	
3	<p>What do you want people to remember you for?</p>	
4	<p>What do you want have written as your epitaph?</p>	
5	<p>When you were little what did you want to become and what happened to that dream?</p>	
6	<p>If you were independently wealthy what would you do now?</p>	
7	<p>Meld all the above into one description</p>	


PRINCIPAL
 Dayananda Sagar College of Dental Sciences
 Kammaswamy Layout,
 Bangalore - 560 078.

From

Dr Nagesh L

Co-chairperson

Mentorship Committee

DSCDS

Bangalore

To

The Principal

DSCDS

Bangalore

Respected sir,

Sub: Details of mentorship training programme

With respect to the above subject, I am happy to inform you that the mentorship training programme conducted on June 11th and 12th 2019 was successful. The workshop was very informative. The report of the programme has been mailed to you. Kindly find the balance sheet with this letter. The Mentorship Committee of DSCDS is extremely grateful for all your support.

Thanking you sir,

Yours sincerely


Dr Nagesh L 19/6/19.



Dr. Nagesh .L M.D.S., PGDHPE
Professor & HOD
Department of Public Health Dentistry
Dayananda Sagar College of Dental
Kumaraswamy Layout
Bangalore - 560 078


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Kumaraswamy Layout,
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1	What were you doing when you were in flow? What were you doing?	
2	How do you feel when you are performing at your peak and enjoying it?	
3	When were you most productive in your life? How did it feel?	
4	When you are successful how does it feel?	
5	How do you want to feel on a daily basis?	
6	What does it take to feel that way?	
7	What are the obstacles in feeling that way?	
8		

Identify your life's internal dream (Ldint)

Faint, illegible text, possibly bleed-through from the reverse side of the page.


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MENTORSHIP TRAINING PROGRAMME- EXPENSES

JUNE 11TH AND 12TH 2019


S/No	DETAILS	COST
1	KSDC	Rs 2089/-
2	Milk from canteen	Rs 30/- ✓
3	Transportation charges for Dr Pushpanjali	Rs 800/- ✓
4	Transportation charges for Dr Medha	Rs 1520/- ✓
5	Folders, pens, notepad and certificates	Rs 2475/- ✓
6	KG cardboard and markers	Rs 300/- ✓
7	Photocopy of mentorship book	Rs 90/- ✓
8	Disposable glasses	Rs 140/- ✓
9	Biscuits and tissue papers	Rs 862/- ✓
10	Water bottles	Rs 280/- ✓
11	Toffees	Rs 250/- ✓
12	Coffee/Tea from canteen and tips to server	Rs 1350/- + Rs 50/- ✓
13	Brochure printout	Rs 100/- ✓
14	Flowers for lamp and photo	Rs 200/- ✓
15	Saplings	Rs 400/- ✓
16	Tips for NRI canteen food server	Rs 100/- ✓
17	Petrol to intern for going to KSDC	Rs 100/- ✓
18	Breakfast to Dr Medha	Rs 50/- ✓
19	Mementos	Rs 720/- ✓
20	Learning material printout	Rs 360/- ✓
21	Evaluations printout	Rs 300/- ✓
22	Department of PHD towards memento given to Capt Nagaraj Rao	Rs 500/-
23	Cash to resource persons	Rs 20,000/-
TOTAL		Rs 33,036/-

Total amount collected from registration: Rs 37,400/-

Total amount spent: Rs 33,036/-

Balance amount: Rs 4,364/-




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 Kumaraswamy Layout,
 Bangalore - 560 078.

11/06/2019
 Principal
 Ananda Sagar College of Dental Sciences
 Kumaraswamy Layout
 Bangalore - 560 078

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

WORKSHOP ON MENTORSHIP TRAINING

JUNE 11TH AND 12TH 2019

Mentorship program when implemented is a value addition and feather in the cap for any institution. It provides an effective support system for the students and helps the faculty to know the students better. In this connection, the Mentorship Committee of DSCDS organized and conducted an exclusive workshop to orient the faculty of DSCDS to mentorship. This program was the result of constant encouragement and support extended by Dr. D. Premachandra Sagar, Vice-Chairman of DSI.

Our Principal Dr.Hemanth.M, is also the Chairperson of the committee who whole heartedly extended his support and provided the required inputs for organizing and conducting the program. The committee selected two very able resource persons for the program, namely:

1. Dr. Medha A Joshi

Professor and HOD,

Dept. of Allied Sciences

Faculty of Life and Allied Health Sciences

M.S. Ramaiah University of Applied Sciences

2. Dr. Pushpanjali

Professor and HOD,

Dept. of Public Health Dentistry

Faculty of Dental Sciences

M.S. Ramaiah University of Applied Sciences

They accepted our invitation and planned a curriculum for the workshop very successfully.


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The workshop was held on 11th and 12th June 2019, in the CIL classroom. A copy of the schedule is hereby enclosed. The sessions were very interactive and also encouraged participatory learning. Participants enjoyed learning and they have given a very positive feedback. KSDC has granted nine credit points for this program.

We, the mentorship committee extend our heartfelt thanks to our Vice Chairman Dr. D. Premachandra Sagar, our Secretary Sri. Galiswamy, and our Principal Dr Hemanth M for all the support.

A copy of the brochure, certificate are hereby enclosed.

N. Nagesh L
19/6/19.

N. NAGESH. L

Dr. Nagesh .L M.D.S., PGDHPE
Professor & HOD
Department of Public Health Dentistry
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout
Bangalore - 560

H
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Kumaraswamy Layout,
Bangalore - 560 078.

H

PRINCIPAL

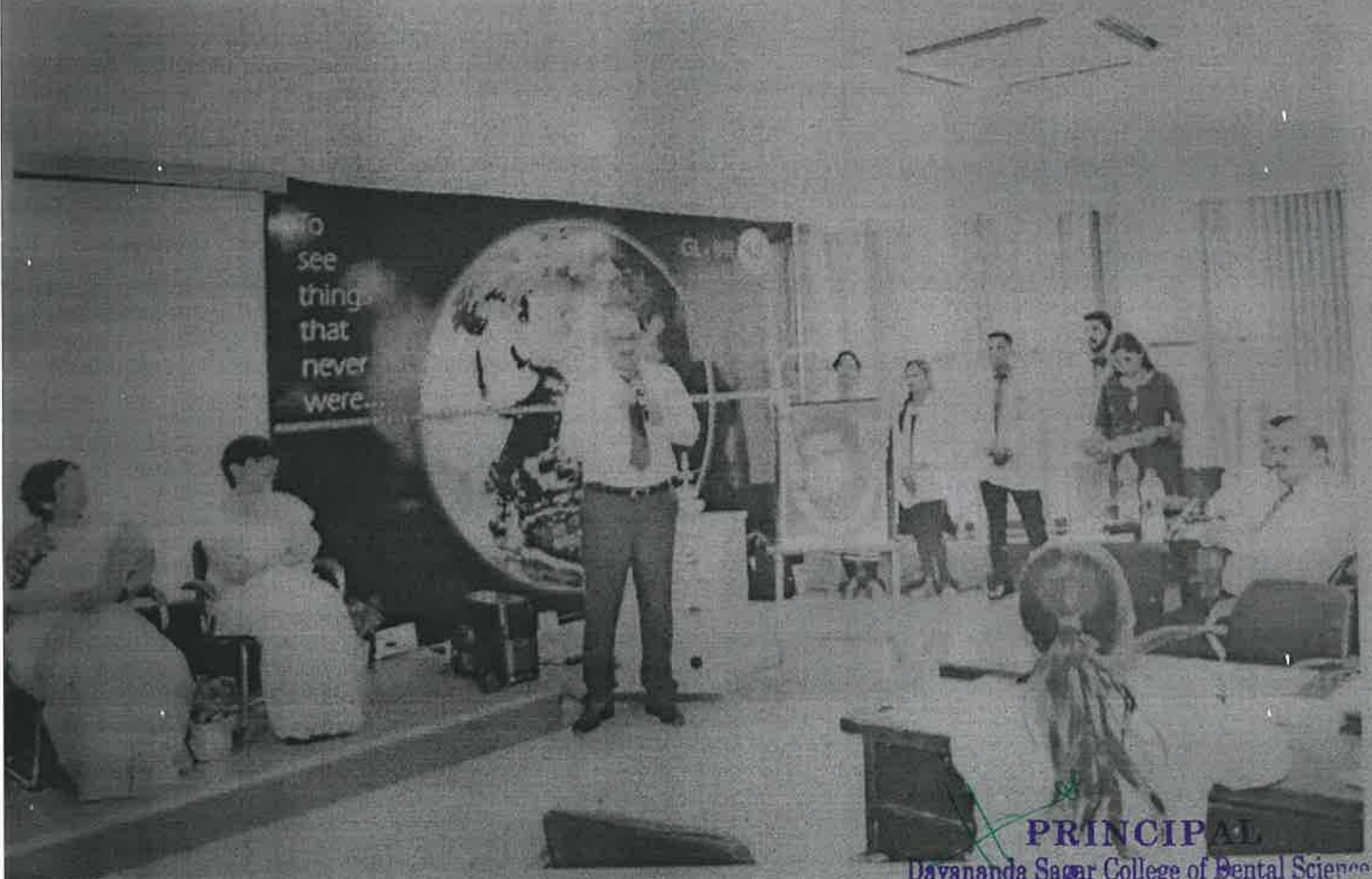
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Bangalore - 560 078

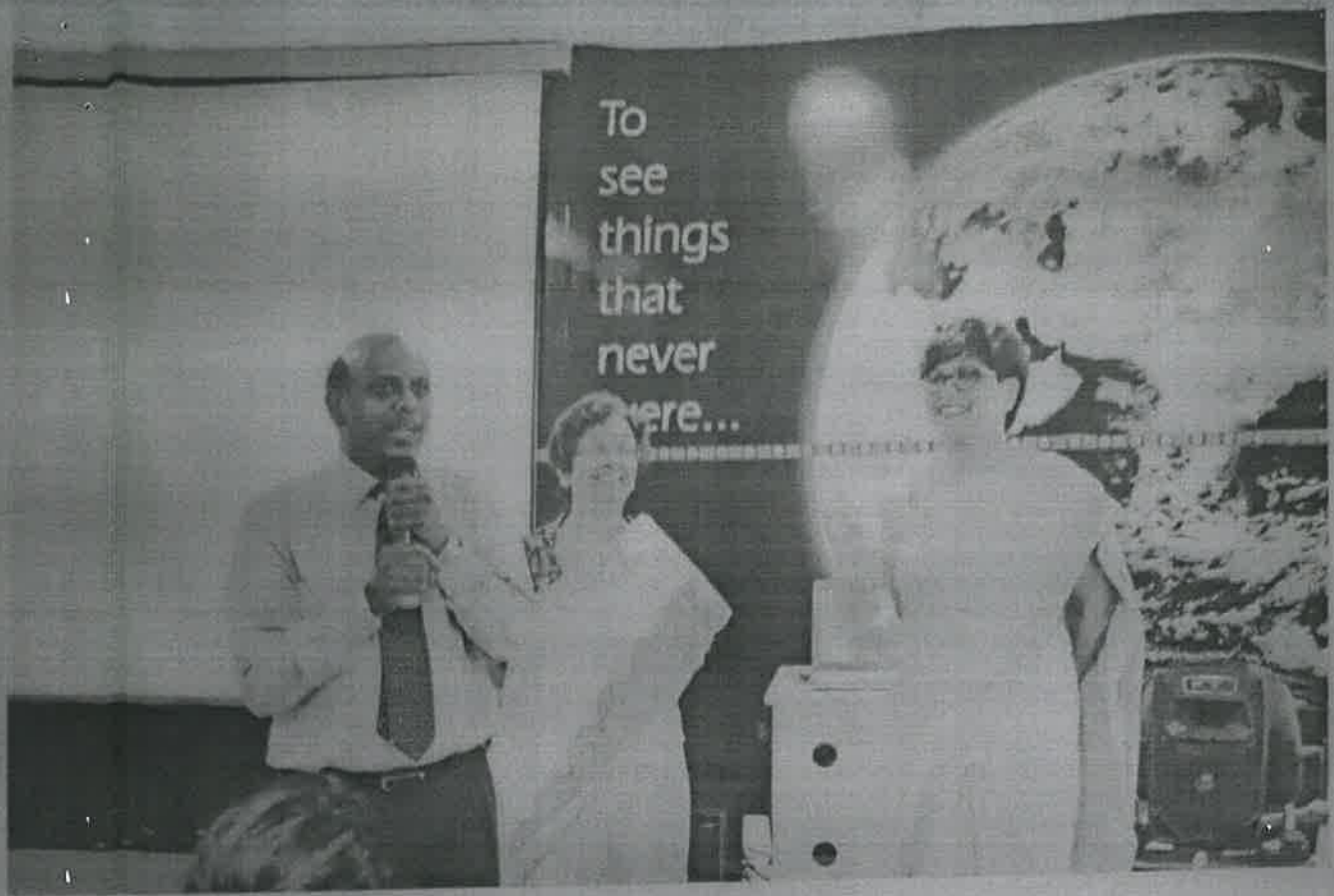


RESOURCE PERSONS DR MEDHA JOSHI AND DR PUSHPANJALI K

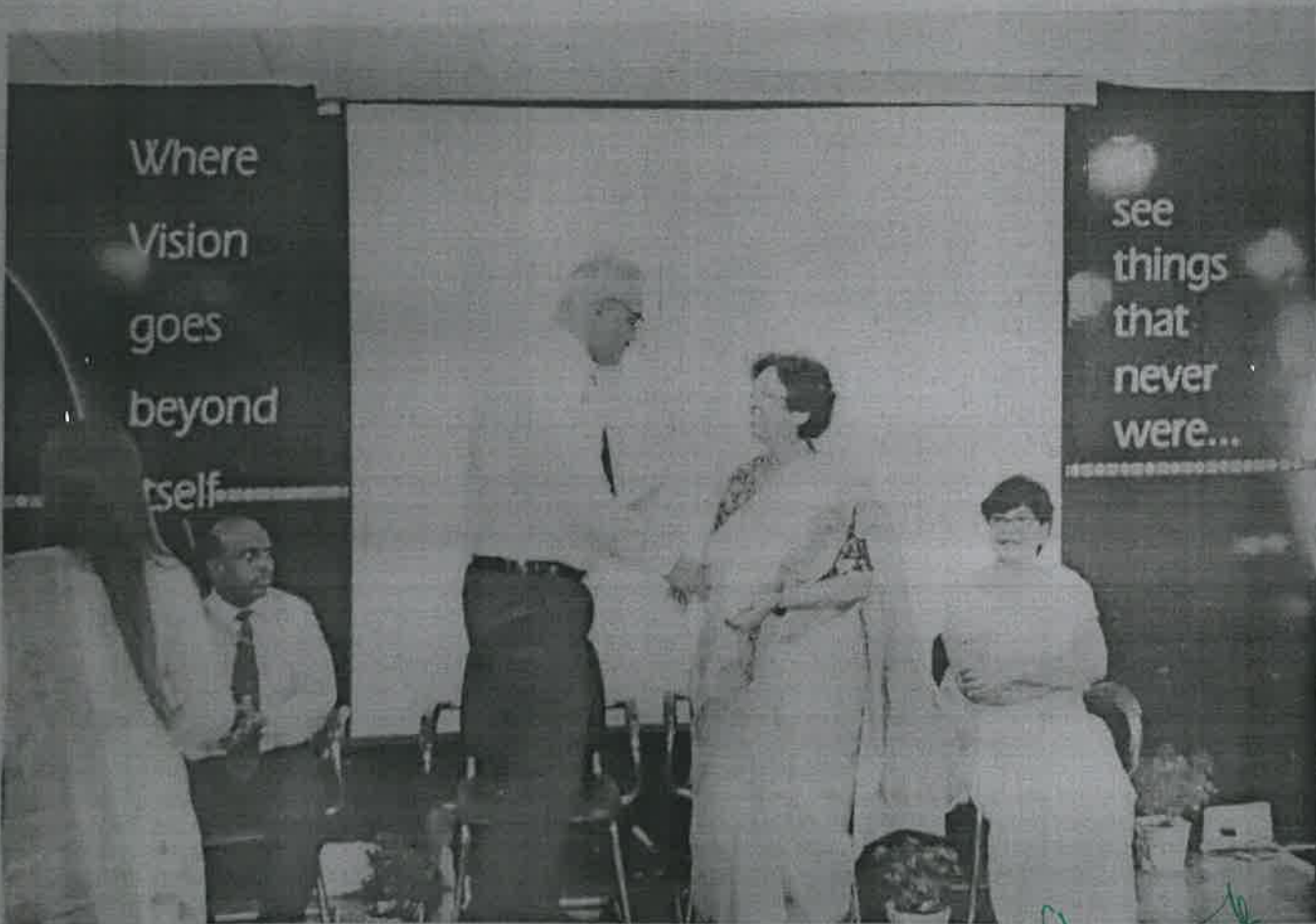


PRINCIPAL DR HEMANTH M ADDRESSING THE DELEGATES

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Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.



DR NAGESH L ADDRESSING THE DELEGATES



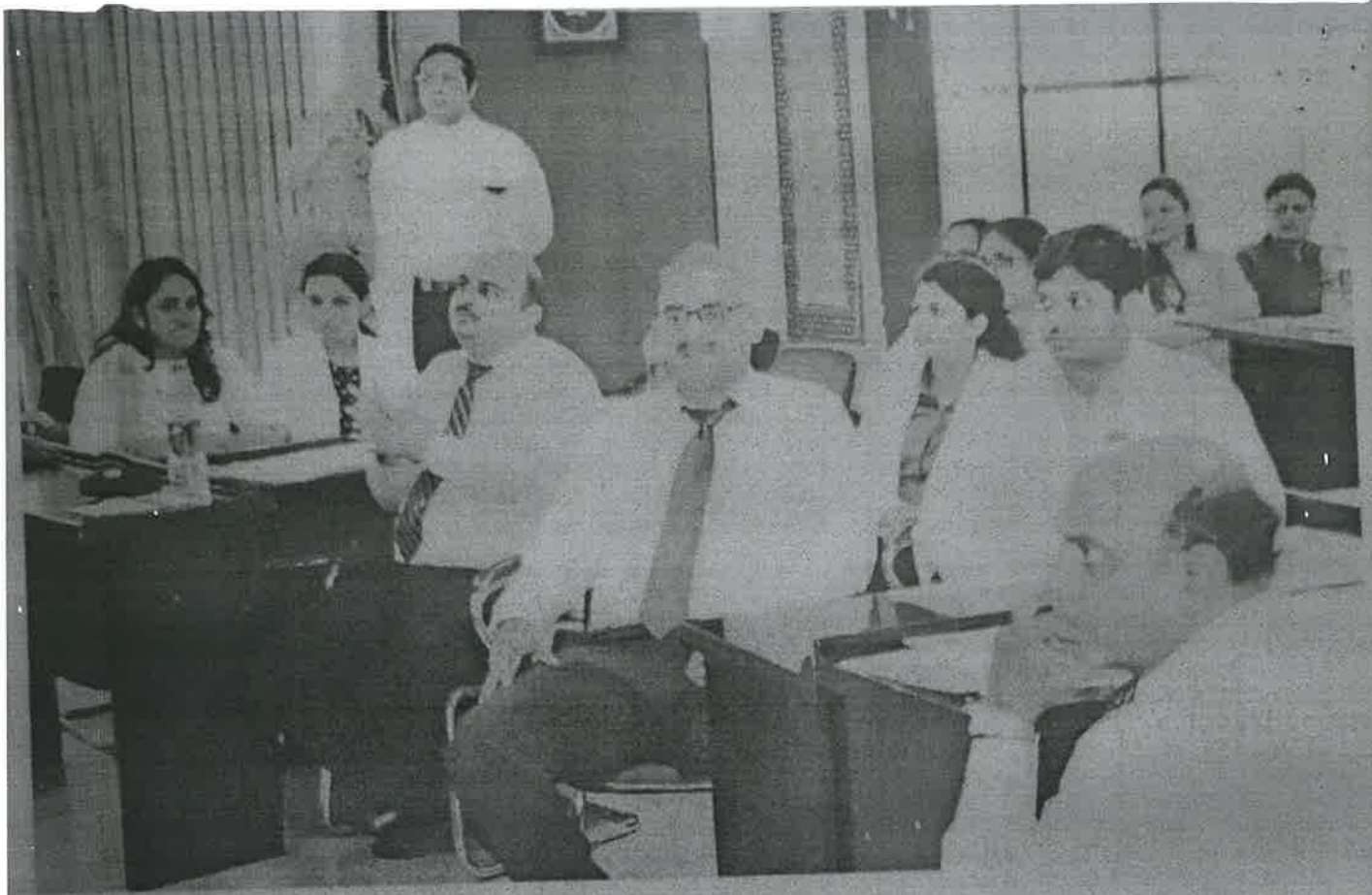
PRINCIPAL DR HEMANTH M FALICITATING DR MEDHA JOSHI

PRINCIPAL

Dayananda Sagar College of Dental Sciences

Kumaraswamy Layout,

Bangalore - 560 078

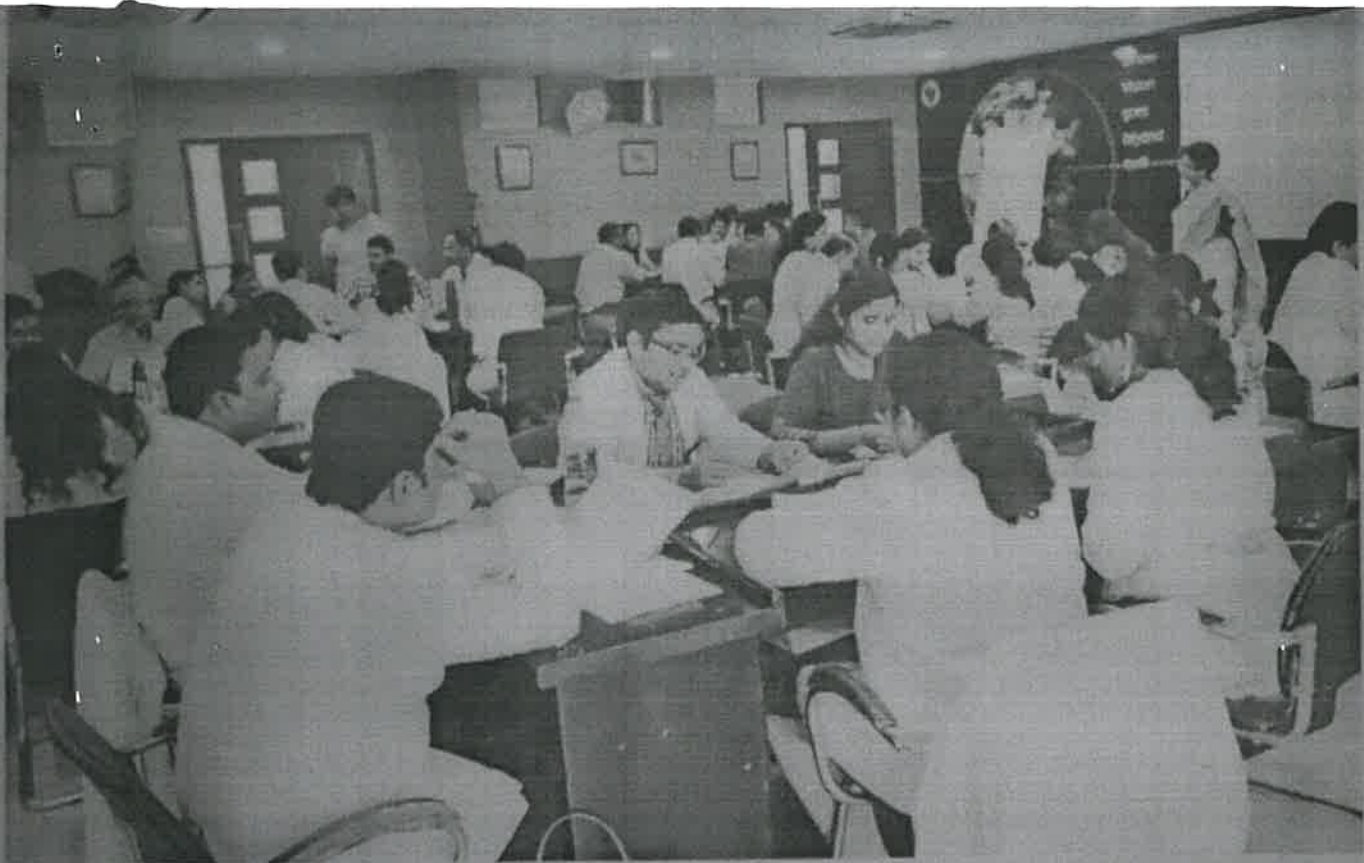


LECTURE

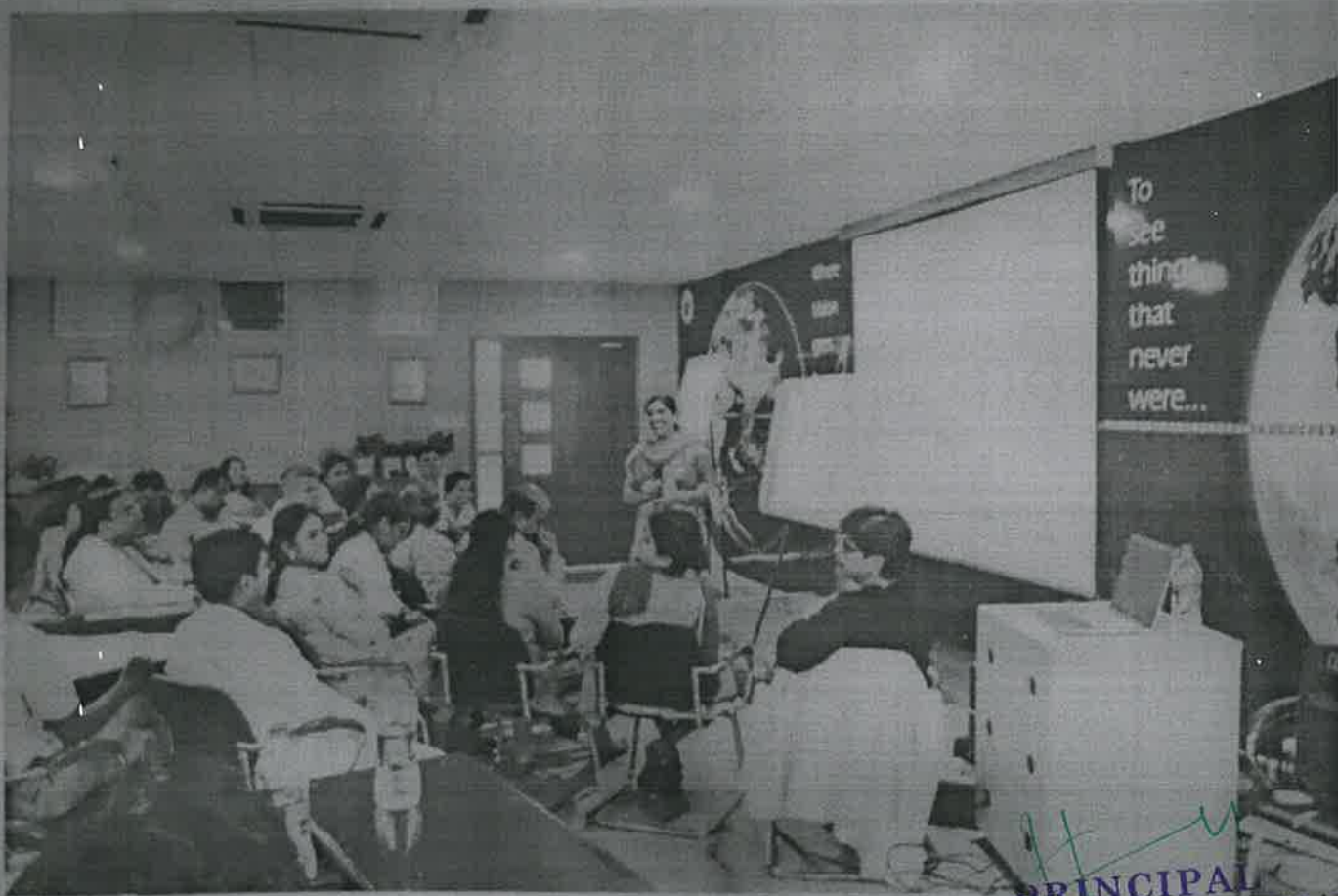


LECTURE

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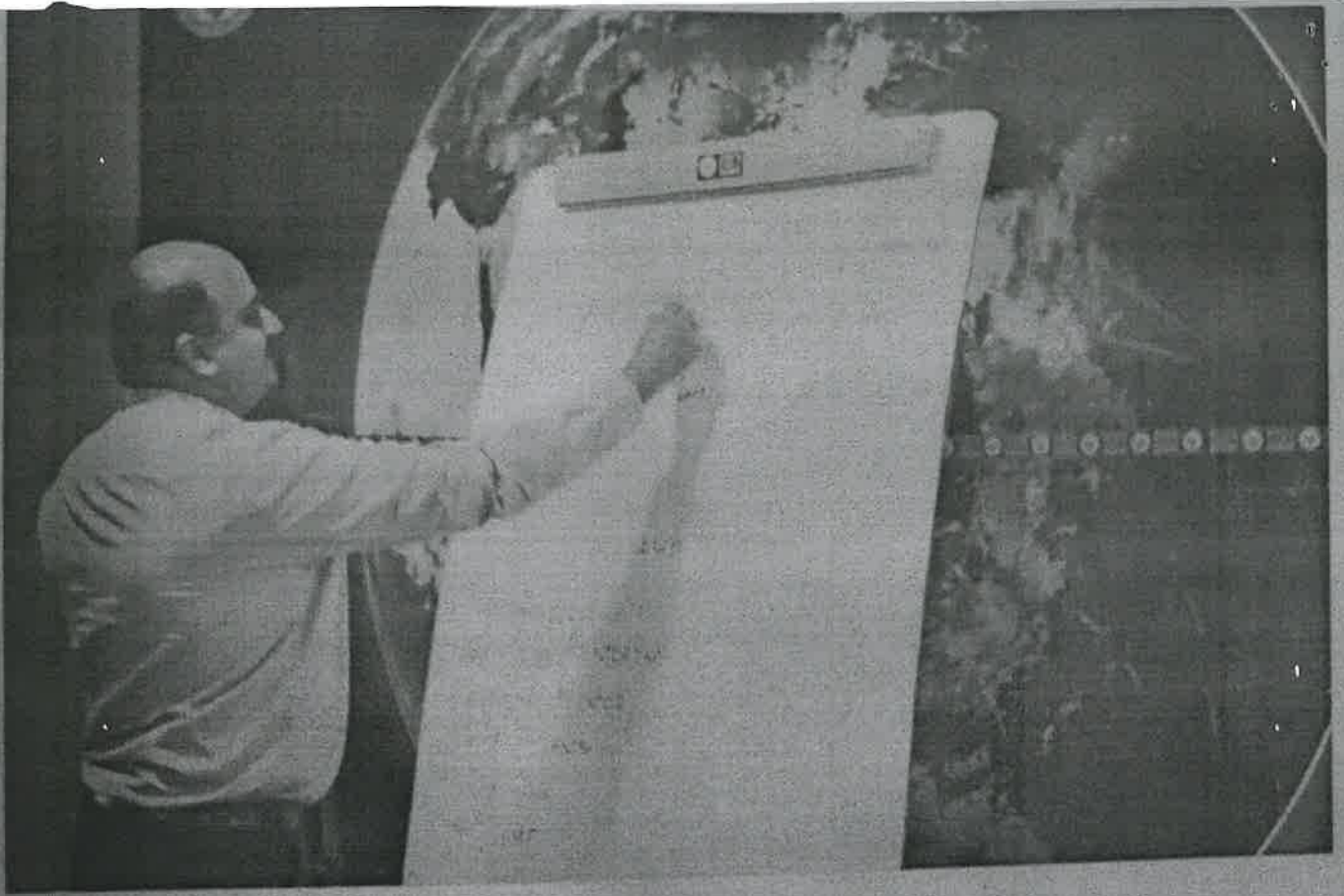


GROUP ACTIVITY



PRESENTATION OF GROUP LEADER

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Kumaraswamy Layout,
Bangalore - 560 078.



PRESENTATION OF GROUP LEADER



PRINCIPAL
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Bangalore - 560 073

GROUP PHOTO OF ALL THE DELAGATES WITH THE RESOURCE PERSONS

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shavige Malleswara Hills, Kumaraswamy Layout
Bangalore 560 078.

03 June 2019

CIRCULAR

This is to bring to the notice of all the faculty members that, the Mentorship Committee of DSCDS is conducting a 2 days workshop on 11.06.2019 and 12.06.2019. The resource persons for the workshop are Dr. Pushpanjali, Professor & HOD, department of Public Health Dentistry, Faculty of Dental Sciences, M.S.Ramaiah University of Applied Sciences and Dr. Medha Joshi, Prof. & HOD, Department of Allied Health Sciences, M.S.Ramaiah University of Applied Sciences.


It is mandatory for all the faculty members to attend the programme.

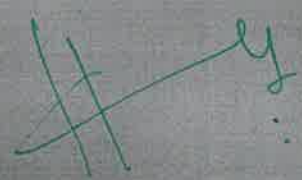
Venue: CIL Auditorium

Time:

9.00 am - 4 pm on 11.6.2019

9.00 am - 12.30 PM on 12.06.2019


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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

CERTIFICATE ISSUED FOR MENTORSHIP PROGRAM(11th&12th Jun2019)

Sl No	Staff Names	Signature
1	Dr Chaya M David	<i>Chaya M David</i> 12/6/19
2	Dr Nagesh .L	<i>Nagesh L</i>
3	Dr Ramamurti T.	<i>Ramamurti T</i> 12/6/2019
4	Dr Savita .A M	<i>Savita A M</i>
5	Dr Kalpana .D	<i>Kalpana D</i>
6	Dr Shobha E S.	<i>Shobha E S</i>
7	Dr Vedavati .B	<i>Vedavati B</i>
8	Dr Karthik J Kabbur	<i>Karthik J Kabbur</i> 12/6/19
9	Dr Krishnanda P S	<i>Krishnanda P S</i>
10	Dr Prashanth N T	<i>Prashanth N T</i>
11	Dr Sunil .S	<i>Sunil S</i>
12	Dr Gargi S Murthy	<i>Gargi S Murthy</i>
13	Dr Mahesh .D R	<i>Mahesh D R</i> 12/6/19
14	Dr Nithin N Bhaskar	<i>Nithin N Bhaskar</i>
15	Dr Ramnarayan	<i>Ramnarayan</i>
16	Dr Ranjini .M A	<i>Ranjini M A</i>
17	Dr Sangeetha .R	<i>Sangeetha R</i>
18	Dr Sreeharsha T V	<i>Sreeharsha T V</i>
19	Dr Sharmada B K	<i>Sharmada B K</i> 12/6/19
20	Dr Smitha B Kuikarni	<i>Smitha B Kuikarni</i> 12/6/19
21	Dr SmithaSharan	<i>Smitha Sharan</i> 12/6
22	DrSwapna D V	<i>Swapna D V</i>
23	Dr Veena S Pai	<i>Veena S Pai</i>
24	Dr VinodRangan	<i>Vinod Rangan</i> 12/6/19

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25	Dr Yashwant G	M → Dr
26	Dr Archana R Naik	Naik 12/6/19
27	Dr Mohamed Nizam Al Deen Shah	M. Nizam 12/6/19
28	Dr Ashok H K	Ashok H K 12/6/19
29	Dr Brunda.K	Dr. Brunda 12/6/19
30	Dr Darshana S Nayak	Dr Darshana S Nayak
31	Dr Fatima Khalidi	Dr Fatima Khalidi
32	Dr Jayaprasad Darshan	Dr Jayaprasad Darshan
33	Dr Kavitha M	Dr Kavitha M
34	Dr Krishna Kumar G R	Dr Krishna Kumar G R
35	Dr Mayank Jaiswal	Dr Mayank Jaiswal
36	Dr Pallavi .N	Dr Pallavi .N
37	Dr Pradeep Chandra K	Dr Pradeep Chandra K
38	Dr Preeti Patil	Dr Preeti Patil
39	Dr Romya . R.M.	Dr Romya . R.M.
40	Dr Sourbha K G	Sourbha K.G.
41	Dr Tulsi Nayak	Dr Tulsi Nayak
42	Dr Vidya M A	Dr Vidya M A
43	Mrs Swathi C Shetty	Mrs Swathi C Shetty
44	Mrs Neena Nian	Mrs Neena Nian

PRINCIPAL
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

ATTENDANCE FOR MENTORSHIP PROGRAM(11th&12th Jun2019)


Sl No	Staff Names	Day 1	Day 2
1	Dr Chaya M David	Chaya. M. David	Chaya. M. David 12/6/19
2	Dr Nagesh .L	N. Nagesh	N. Nagesh
3	Dr Ramamurti T.	R. Ramamurti	R. Ramamurti
4	Dr Savita .A M	S. Savita	S. Savita
5	Dr Kalpana .D	K. Kalpana	K. Kalpana
6	Dr Shobha E S.	S. Shobha	S. Shobha
7	Dr Vedavati .B	V. Vedavati	V. Vedavati
8	Dr Karthik J Kabbur	K. Karthik	K. Karthik
9	Dr Krishnanda P S	K. Krishnanda	K. Krishnanda
10	Dr Prashanth N T	P. Prashanth	P. Prashanth
11	Dr Sunil .S	S. Sunil	S. Sunil
12	Dr Gargi S Murthy	G. Gargi	G. Gargi
13	Dr Mahesh .D R	M. Mahesh	M. Mahesh
14	Dr Nithin N Bhaskar	N. Nithin	N. Nithin
15	Dr Ramnarayan	R. Ramnarayan	R. Ramnarayan
16	Dr Ranjini .M A	R. Ranjini	R. Ranjini
17	Dr Sangeetha .R	S. Sangeetha	S. Sangeetha
18	Dr Sreeharsha T V	S. Sreeharsha	S. Sreeharsha

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40	Dr Sourbha K G Sourabha K.G.	Sourabha	Sourabha
41	Dr TulsiNayak	Tulsi	Tulsi
42	Dr Vidya M A	Vidya	Vidya
43	Mrs Swathi C Shetty	Shetty	Shetty
44	Mrs NeenaNian	Neena Nian	

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Dayananda Sagar College of Dental Scien:
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Bangalore - 560 078.

19	Dr Sharmada B K	Sharmada	Sharmada
20	Dr Smitha B Kuikarni	Smitha	Smitha
21	Dr SmithaSharan	Smitha 11/6	Smitha 12/6
22	Dr Swapna D V	Swapan 11/6/2019	Swapan 12/6/19
23	Dr Veena S Pai	Swapan	Swapan
24	Dr VinodRangan	Vino 11/6/19	Vino 12/6/19
25	Dr Yashwant G	Yashwant	Yashwant
26	Dr Archana R Naik	Archana	Archana 12/6/19
27	Dr Mohamed Nizam Al Deen Shah	Mohamed Nizam Al Deen Shah 11/6/19	Mohamed Nizam Al Deen Shah 12/6/19
28	Dr Ashok H K	Ashok H.K.	Ashok H.K. 12/6/19
29	Dr Brunda.K	Dr. Brunda.	Dr. Brunda.
30	Dr Darshana S Nayak	Darshana	Darshana
31	Dr Fatima Khalidi	Fatima	Fatima
32	Dr JayaprasadDarsan	Jayaprasad	Jayaprasad
33	Dr Kavitha M	Kavitha	Kavitha
34	Dr Krishna Kumar G R	Krishna	Krishna
35	Dr Mayanklaiswal	Mayank	Mayank
36	Dr Pallavi .N	Pallavi	Pallavi
37	Dr Pradeep Chandra K	Pradeep	Pradeep
38	Dr PreetiPatil	Preeti	Preeti
39	Dr Romya . R.M	Romya	Romya


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 Bangalore - 560025



DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 076

DSCDS/Internal/2022/038

June 6, 2022

CIRCULAR

This is to bring to the notice of all the first BDS students that an orientation talk by Dr Veena Pai regarding the mentorship programme has been arranged on 07-06-2022 in lecture hall-1. All the first BDS students and faculty from the departments of Prosthodontics, Conservative and Endodontics, Oral Pathology and Basic Sciences are requested to attend the same.

Time - 9:00am

Venue - Lecture Hall No. 1

PRINCIPAL
Chair Person-Mentorship Committee

PRINCIPAL
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 076.



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Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 076

DSCDS/Internal/2022/41

June 09, 2022

CIRCULAR

This is to inform all the teaching faculty, BDS students, and Interns that **mentor mentee meeting** has been scheduled for **11/06/2022 (Saturday)** from 9.30 am to 12.30 pm. The classes will be suspended on that day for First to Third BDS students. Final year students can attend the meeting and continue with their clinical postings. Students should bring the mentorship manual to the meeting without fail.

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Dayananda Sagar College of Dental Science
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Bangalore - 560 078.

Copy to: Teaching Faculty whatsapp group.

First to Final BDS Department Groups via DSCDS whatsapp group

Interns whatsapp group

Office Copy



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Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 076


DSCDS/Internal/2021/037

October 4, 2021

CIRCULAR

The third mentor -mentee meeting for the current year is scheduled on Saturday 09/10/2021, from 9:15am onwards for all the students from I BDS to IV BDS. The meeting can be conducted online or offline. The mentors are requested to conduct the mentor - mentee meetings and mail the report to the committee at mentorshipdscds@gmail.com

The regular classes for students on 09/10/2021 remain cancelled.


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Bangalore - 560 078.

Copy to :

1. Teaching staff whatsapp group
2. Office copy



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Bangalore 560 07

DSCDS/Internal/2021/03

February 3, 2021

CIRCULAR

This is to bring to the notice of all the mentorship committee members, allocated mentors for I & III year BDS students that a short orientation program will be held on 5th February 2021 from 9.30 am to 10.00 am by Dr.Veena for 3rd BDS and between 10.00am-10.30am by Dr.Nizam for the 1st BDS students. The students will be briefed about the program & mentors will be introduced to their mentees. All the mentors allocated for 1st year BDS as per the list are informed to be present for the program.

Mentorship committee

Principal

Copy to –

1. Principal's office
2. Mentorship committee
3. Notice board
- 4.HOD, Department of oral pathology
- 5.HOD,Department of physiology



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Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 07

DSCDS/Internal/2021/02

February 3, 2021

CIRCULAR

The first mentor-mentee meeting for the current year is scheduled on February 6, 2021, from 9.15am onwards for all the I year BDS to IV year BDS students. Please find the mentor-mentee allocation below. All the mentors may intimate their mentee to purchase the mentorship manuals from 'Conveno' and be present for the meeting on time without fail. The mentors are requested to conduct the mentor-mentee meetings and mail the reports to the committee at mentorshipdscds@gmail.com. Let us work together and contribute to the success of this program.

The regular classes for students remains cancelled.

Mentorship committee

Principal

Principal Copy to -

1. Principal's office
2. Mentorship committee
3. Notice board

Circular



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Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 07

DSCDS/Internal/2021/06

February 3, 2021

CIRCULAR

The first mentor-mentee meeting for the current year is scheduled on February 6, 2021, from 9.15am onwards for all the 1st to 4th year BDS students. Please find the mentor-mentee allocation below. All the students will have to purchase the mentorship manuals from 'Corveno' before the Mentor-Mentee meeting scheduled on February 6, 2021 and be present for the meeting on time without fail.


Mentorship committee


Principal

Copy to -

1. Principal's office
2. Mentorship committee
3. Notice board



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Shavige Malleshwara Hills, Kumaraswamy Layout
Bangalore 560 07

DSCDS/Internal/2021/05

February 3, 2021

CIRCULAR

This is to bring to the notice of all the students from I & III year BDS students that a short mentorship orientation program will be held on 5TH Feb 2021 from 9.30 am to 10.00 am by Dr.Veena for 3rd BDS and between 10.00am-10.30am by Dr.Nizam for the 1st BDS students. The students will be briefed about the program & mentors will be introduced to their mentees. All the mentors allocated for 1st year BDS as per the list are informed to be present for the program.

Mentorship committee

Principal

Copy to –

1. Principal's office
2. Mentorship committee
3. Notice board
- 4.HOD, Department of oral pathology
- 5.HOD,Department of physiology

Circular



DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
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Bangalore 560 07


DSCDS/Internal/2021/04

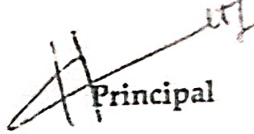
February 3, 2021

CIRCULAR

Mentorship program gives us an opportunity to help and guide our students in their future endeavors. In these unprecedented tough times due to the pandemic outbreak, our beloved students need the mentorship program more than ever. Hence, we are rekindling the mentorship program. The mentors are requested to conduct the mentor-mentee meetings on 06/02/2021 and send the reports to the committee at mentorshipdscds@gmail.com. Any mentor feels there is a need for counselling for their mentee kindly contact Dr.Mahesh DR, Department of Oral Medicine Dr.Sangeetha R, Department of Oral Pathology, Dr.Veena S Pai, Department of Conservative Dentistry

Let us work together and contribute to the success of this program.


Mentorship committee


Principal

Copy to –

1. Principal's office
2. Mentorship committee
3. Notice board

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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shivalge Malleleshwara Hills, Kumaraswamy Layout
Bangalore 560 07

DSCDS/Internal/2021/20

July 6, 2021

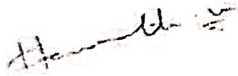
CIRCULAR

Our students are facing unforeseen difficulties due to the second wave of Covid -19 and the fast approaching exams are only adding to their stress. We as mentors can help them face these challenges with our experienced and caring guidance. Hence, the mentors are requested to conduct the mentor-mentee meetings on 10/07/2021 between 9.30 am and 11:00 am and send the reports to the committee. The meeting can be conducted online or offline. The mentors are hereby instructed to get in touch with the mentees and develop a plan for conducting the meeting. You may share your online platform link and schedule the meeting after discussing with the speakers for the day as given below.

An Orientation talk before restarting the Mentor-Mentee meeting will be delivered on 10/07/21 at 9:00 am by

- 1) Dr. Veena Pai S - 1st year students
- 2) Dr. Brunda K - 2nd year students
- 3) Dr. Sangeetha R - 3rd year students
- 4) Dr. Gargi.S. Murthy - 4th year students

Let us work together and contribute to the success of this program.


Dr Hemanth M
Principal
Chairperson -Mentorship committee

Copy to:

1. Teaching Staff Whatsapp group
2. Office Copy

Circular

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shaylge Malleswara Hills, Kumaraswamy Layout
Bangalore 560 075

Ref.No.DSCDS/2019-20


May 14, 2019

CIRCULAR

This is to bring to the notice of all the faculty members that, the mentorship committee of Dayananda Sagar College of Dental Sciences is conducting a workshop titled "Demystifying mentorship" on 17/05/2019. As per Vice Chairman, Dr. Premachandra Sagar's vision of starting mentorship programme, the first talk will be delivered by Prof. Capt. Nagaraj Subbanna, Dean, Centre for Executive Education and Professor, School of Commerce and Management Studies. This will be followed by a 2 days workshop in June 2019. It is mandatory for all the teaching faculty of DSCDS to attend this programme.

Venue : CH Auditorium

Time: 10.00 AM - 12


PRINCIPAL
Dr. Hemant M. MDS, Ph.D.

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shavige Malleswara Hills, Kumaraswamy Layout
Bangalore 560 078.

03 June 2019

CIRCULAR

This is to bring to the notice of all the faculty members that, the Mentorship Committee of DSCDS is conducting a 2 days workshop on 11.06.2019 and 12.06.2019. The resource persons for the workshop are Dr. Pushpanjali, Professor & HOD, department of Public Health Dentistry , Faculty of Dental Sciences, M.S.Ramaiah University of Applied Sciences and Dr. Medha Joshi, Prof. & HOD, Department of Allied Health Sciences, M.S.Ramaiah University of Applied Sciences.


It is mandatory for all the faculty members to attend the programme.

Venue: CIL Auditorium

Time:

9.00 am - 4 pm on 11.6.2019

9.00 am - 12.30 PM on 12.06.2019


PRINCIPAL
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

(circular/vv/)

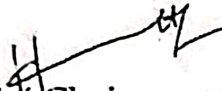
DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
Shavige Malleswara Hills, Kumaraswamy Layout
Bangalore 560 078

DSCDS/19-20/79

September 16, 2019

CIRCULAR

This is to inform that all the members of the mentorship committee have to attend a meeting on 23/09/2019, 11:00 am in the board room of Principal's office.


Principal / Chairperson Mentorship Committee.
PRINCIPAL
Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

- Copy to mentorship committee members.

Circular

Dayananda Sagar College of Dental Sciences

Shavge Malleshwara Hills, Kumaraswamy Layout, Bangalore - 78.


Ref. No: OSCDS/2019-20/89

Date - 13.11.2019

Circular

This is to bring to the notice of all the mentorship committee members, allocated mentors & III year BDS students that a short orientation program will be held on 21st Nov 2019 from 9.30 AM to 10.00 AM by Dr Gargi S Murthy in lecture hall no. 3. Third year BDS students will be briefed about the program & mentors will be introduced to their mentees. All the mentors allocated as per the list are informed to be present for the program. Below are the details of the schedule for the mentor-mentee meetings & the allocation.

- First mentor-mentee meeting- First Saturday of December
- Second mentor-mentee meeting- First Saturday of February
- Third mentor-mentee meeting- First Saturday of April
- Fourth mentor-mentee meeting- First Saturday of May


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Kumaraswamy Layout,
Bangalore - 560 078.



DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

(Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore)

(Recognised by Dental Council of India, New Delhi)

ISO 9001 : 2008 Certified Institution

June 13, 2019

We are glad to inform the following staff have successfully completed the two Mentorship Training Programs given below and have been recognized as mentors henceforth. The list of mentees allotted to you and the dates for the meeting shall follow.

Program Details:

Date: 17/05/2019 - Workshop by Prof. Captain Nagaraja Subbarao

Date: 11/06/2019 and 12/06/2019 – Mentorship training program by Dr. Pushpanjali and Dr. Medha Joshi.

Prof. Dr. Hemanth.M

M.D.S, Ph.D

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Dayananda Sagar College of Dental Sciences

Kumaraswamy Layout,

Bangalore - 560 078.

Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore - 560 078.

Phone : +91 80 2666 3654 / 26931718 / 26661104, Fax : 080-26663654

Website : www.dayanandasagr.edu



**Dayananda Sagar College of Dental Sciences,
Shavige Malleshwara Hills, Kumaraswamy Layout, Bengaluru**

List of Staff who have successfully completed Mentorship Training

Sl. No	Name of the Full-time teacher	Designation	Department
1	Dr. Hemanth M	Principal	Orthodontics
2	Dr. Karthik J Kabbur	Reader	Orthodontics
3	Dr. Sharmada B K	Reader	Orthodontics
4	Dr. Fathima Khalidi	Sr. Lecturer	Orthodontics
5	Dr. Jayaprasa Darshan	Sr. Lecturer	Orthodontics
6	Dr. M P Suchitra	Sr. Lecturer	Orthodontics
7	Dr. Goutham K	Reader	Orthodontics
8	Dr. Chaya M David	Prof & Head	Oral Medicine
9	Dr. Manasa Anand Meundi	Professor	Oral Medicine
10	Dr. Mahesh D R	Reader	Oral Medicine
11	Dr. Namitha Jayapal	Reader	Oral Medicine
12	Dr. Ramnarayan B K	Reader	Oral Medicine
13	Dr. Darshana S Nayak	Sr. Lecturer	Oral Medicine
14	Dr. Preeti patil	Sr. Lecturer	Oral Medicine
15	Dr. Nagesh L	Prof & Head	Public Health Dentistry
16	Dr. Smitha B Kulkarni	Reader	Public Health Dentistry
17	Dr. Nithin N Bhaskar	Reader	Public Health Dentistry
18	Dr. Sourabha K G	Sr. Lecturer	Public Health Dentistry
19	Dr. Mahesh P C	Sr. Lecturer	Public Health Dentistry
20	Dr. Shobha E S	Professor	Oral Surgery
21	Dr. Prashanth N T	Associate Professor	Oral Surgery
22	Dr. Vinod Rangan	Reader	Oral Surgery
23	Dr. Tulasi Nayak	Sr. Lecturer	Oral Surgery
24	Dr. Mayank Jaiswal	Sr. Lecturer	Oral Surgery
25	Dr. Roopa R Nadig	Dean	Conservative Dentistry
26	Dr. Vedavathi B	Professor	Conservative Dentistry.
27	Dr. Ranjini M A	Reader	Conservative Dentistry
28	Dr. Swapna D V	Reader	Conservative Dentistry
29	Dr. Veena Pai S	Reader	Conservative Dentistry
30	Dr. Yashwanth G	Reader	Conservative Dentistry
31	Dr. Ashok H K	Sr. Lecturer	Conservative Dentistry
32	Dr. Krishna Kumar G R	Sr. Lecturer	Conservative Dentistry
33	Dr. Kalpana D	Prof & Head	Prosthodontics
34	Dr. Smitha Sharan	Reader	Prosthodontics
35	Dr. Sreeharsha T V	Reader	Prosthodontics
36	Dr. Brunda K	Sr. Lecturer	Prosthodontics
37	Dr. Pradeep Chandra K	Sr. Lecturer	Prosthodontics
38	Dr. Gargi S Murthy	Reader	Pedodontics
39	Dr. Kavitha M	Sr. Lecturer	Pedodontics
40	Dr. Savitha A M	Prof & Head	Periodontics
41	Dr. Sunil S	Associate Professor	Periodontics
42	Dr. Archana R Naik	Sr. Lecturer	Periodontics

List of Staff who have successfully completed Mentorship Training

Sl.No	Name of the Full-time teacher	Designation	Department
43	Dr. Pallavi Nanaiah K	Sr. Lecturer	Periodontics
44	Dr. Remya R M	Sr.Lecturer	Periodontics
45	Dr. Krishnanand P S	Professor	Oral Pathology
46	Dr. Sangeetha R	Reader	Oral Pathology
47	Dr. Vidya M A	Sr. Lecturer	Oral Pathology
48	Dr. Girish Krishnamurthy	Prof & Head	General Medicine
49	Dr T Rama Murti	Prof & Head	General Pathology
50	Dr. Apoorva A N	Asst. Professor	General Pathology
51	Dr. R V Sridhara Murthy	Asst. Professor	General Surgery
52	Dr. Prakash Babu M N	Asst. Professor	General Surgery
53	Dr. Chandrappa HN	Asso Professor	Anaesthesia
54	Mrs. Swathi C Shetty	Lecturer	Microbiology
55	Dr. R S Nadig	Prof & Head	Pharmacology
56	Dr. Anusha S J	Asst. Professor	Pharmacology
57	Dr. Mohammed Nizam Al de	Lecturer	Physiology
58	Dr. Shesha Raju	Lecturer	Physiology
59	Dr. Krishna Rao	Asst. Professor	Anatomy
60	Dr. Shekarappa K	Prof & HOD	Anatomy
61	Mrs Vidya Gantela	Lecturer	Biochemistry
62	Dr. Pushpalatha L	Lecturer	Kannada

Prof.Dr. Hemanth.M

M.D.S, Ph.D

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Bayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

MENTOR MENTEE ALLOCATION

I BDS Regular Batch 2021

Sl.No	Name of the Students	Contact No.	Mentor
1	Afra Ruknuddin	8296085285	Dr Krishnanand PS
2	Aishwarya Kulkarni	9902745853	Dr Veena S. Pai
3	Aisiri Raj H R	9483749394	Dr Vidya.M.A
4	Almas Banu	8123048584	Mrs. Swathi C Shetty
5	Anjani Sravya M	9966963105	Dr Sangeetha.R
6	Bhavana B A	9538103300	Dr Vidya Gantela
7	Dheeraj Narendra Shet	8310396450	Dr Brunda K.
8	Harshitha K	9845859736	Dr Mohamed Nizam Al-Deen Shah
9	Honey	7004800456	Dr Pradeep Chandra K
10	Inchara A	8431217367	Mrs. Swathi C Shetty
11	Kaushik	9483048067	Dr Sangeetha.R
12	Meghashree N Nandani	8747815108	Dr Vidya Gantela
13	Misbah Nadeem	9620700693	Dr Krishnanand PS
14	Nikath Fathima	7406346651	Dr Ashok .H.K
15	Nithya N	8296739519	Dr Vidya.M.A
16	Pooja	8861129399	Dr Mohamed Nizam Al-Deen Shah
17	Pradeep P Rathod	7483763586	Dr Sangeetha.R
18	Radhika M Poojar	8431481573	Dr Krishna Kumar.GR.
19	Rithi M	8217759879	Dr Sangeetha.R
20	S Bhuvana Shree	9206682939	Dr Vidya Gantela
21	Saba Fathima Khan	9945441825	Dr Krishnanand PS
22	Sanjana N	6362476722	Mrs. Swathi C Shetty
23	Spoorti M Shivalli	8431058066	Dr Vidya Gantela
24	Taseen Akbar Khan	7411444327	Dr Vidya.M.A
25	Thejas Shekar B C	9449637149	Dr Vidya.M.A
26	Vipul M Naik	7204040676	Dr Krishnanand PS
27	Vulugundam Sudha Sarayu	9483510723	Dr Mohamed Nizam Al-Deen Shah
28	Y Monisha	9449810227	Mrs. Swathi C Shetty
29	Yashika S Shinde	7204554658	Mrs. Swathi C Shetty
30	Chirasree Chakraborty	9932730741	Dr Vidya Gantela
31	AGILE SANKAR REDDY	9392230999	Dr Mohamed Nizam Al-Deen Shah

A. Sankar

[Signature]

MENTOR MENTEE ALLOCATION

II BDS

Sl.No.	Name of the Students	Mentor
1	Aadesh R Kalmane	DrVeenaPai S
2	Aminul Hassan Laskar	Mrs. Vidya
3	Andrea Maria Fonseca	DrVidya
4	Annapoorna	DrVidya
5	Apramita Sarangi	Mrs. Vidya
6	Ayesha Noorain A	DrYashwanth
7	Ayesha Sameen	Dr Ashok
8	Chaitra. G	DrVeenaPai S
9	D Sai Sreeja	Dr Ashok
10	Dishani. A	DrVeenaPai S
11	G TapaswiPreethika	DrRanjini
12	Gagan. C. P	Dr Sangeetha R
13	Harshitha B.Y	Dr Sangeetha R
14	Huda Nadeem	DrYashwanth
15	Indu. K	Dr Krishna Kumar
16	Jeff Patrick	DrKrishnanand PS
17	Jyoti Prakash Das	Dr Sangeetha
18	K Poojitha	Dr Ashok
19	K. Ram Shishir Reddy	DrNizam
20	Madhura. R	DrSwapna
21	MaisikamKaurinta	Dr Sangeetha
22	Malavikha V	Dr Pradeep

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23	MamathaSuthar	Dr Pradeep
24	Megha. S	Mrs. Vidya
25	MiriyalaRishitha	DrKrishnanand PS
26	Nazia Hassan	Dr Ashok
27	PerumalSowmya	DrNizam
28	Pooja	DrRanjini
29	PradnyaLagare	DrSwapna
30	Preethi. T	DrBrundha
31	Raghashree. S	Dr Krishna Kumar
32	Ranjitha. N	DrRanjini
33	SahanaSuggi. A. K	DrNizam
34	Sahana. A. V	DrSwapna
35	Sanjana K Murthy	DrVidya
36	Sayani Sarkar	DrBrunda K
37	Shobha I Ganiger	Dr Pradeep
38	ShreshthSarthakAdavi	DrKrishnanand PS
39	Sindhu. K.T	DrVeenaPai S
40	Srijani Chowdhury	Dr Krishna Kumar
41	Sunil. S	DrRanjini
42	Swaroop Kumar M S	DrBrunda K
43	Thanushree. N	DrYashwanth

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MENTOR MENTEE ALLOCATION

III BDS Regular Batch 2020 - 2021

Sl.No	Name of the Students	Contact No.	Mentor
1	Adamyia K A	9741400151	Dr Archana R Naik
2	Aishwarya B Girepnor	9901485088	Dr Pallavi Nanaiah
3	Asma Firdose I	7483007805	Dr Suchitra MP
4	C Sarada Sanjana	7995945879	Dr Yashwanth.G
5	Deepak M P	8217419263	Dr Suchitra MP
6	Devashish Manibushan Pandith	8309396213	Dr Krishna Kumar.GR.
7	Hosalli Akash	8073540440	Dr Ashok .H.K
8	Isani Inara Salim	9739583238	Dr Pradeep Chandra K
9	Kantle Preethi	9666905172	Dr Veena S. Pai
10	Keerthana J	6363030557	Dr Brunda K.
11	Meghana Prasad	7406589003	Dr Smitha Sharan
12	Mili Goswami	9366071192	Dr Sourabha.K.G
13	Monish Kumar N	7353993025	Dr Fatima Khalidi
14	N K Kanishka Saini	8861069123	Dr Mahesh D.R.
15	Nimra Tazain	9449533660	Dr Smitha B. Kulkarni
16	Nishad Noukhiz	9071816567	Dr Archana R Naik
17	Prathibha Yallappa Kariannavar	7625030534	Dr Fatima Khalidi
18	Priyanka Kolakar	9740435373	Dr Goutham K
19	R Michel Sam	9444345328	Dr Sharmada.B.K
20	Roseline Dsouza	9591879611	Dr Sreeharsha TV
21	Sadhvi N C	9380850369	Dr Sapna.D.V
22	Sejal Bhardwaj	9740659530	Dr Preeti Patil
23	Sheema Anjum	8904490494	Dr Nithin N Bhaskar
24	Shiksha Sunil Mukundappanavar	6361835671	Dr Darshana S Nayak
25	Simran Naik	8310188528	Dr Ramnarayan B.K.
26	Sirisha R	9480700486	Dr Kavitha M
27	Sreeja Gupta	7044240157	Dr Gargi S Murthy
28	Srikeerthi H	8660121833	Dr Pallavi Nanaiah
29	Sukanya I Kashyap	6900179752	Dr Goutham K
30	Susana Maharana	7090294527	Dr Sharmada.B.K
31	Syed Majdi Mohammadi	7576888627	Dr Jayaprasad Darsan
32	Meghana S Gogal	9740132819	Dr Ranjini M.A.
33	Punja Samika Shankara	7019126180	Dr Vinod Rangan
34	Saurabh Bajpai	9099414204	Dr Sourabha.K.G

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MENTOR MENTEE ALLOCATION

IVBDS

Sl.No.	Name of the Students	Mentor
1	Aishwarya Biswas	Dr Mahesh D.R.
2	Ankita Arya	Dr Smitha Sharan
3	Ashwini. C	Dr. Mahesh PC
4	Atika Ifath	Dr Mahesh D.R.
5	Chatre Aishwarya	Dr Fatima Khalidi
6	Chiraag. S	Dr Prashant N. T.
7	Ekta Singh	Dr Sourabha.K.G
8	G. C. Gargi Prakash	Dr Sunil.S
9	Gajare Ganesh Dattatray	Dr Kavitha M
10	Geetha Priya. Y. B	Dr Nithin N Bhaskar
11	Harshitha. B. N	Dr Gargi S Murthy
12	Harshitha N G Puranik	Dr Darshana S Nayak
13	Hima .A. Girish	Dr Smitha B. Kulkarni
14	Hitesh. N	Dr Sreeharsha TV
15	Jyoti Singh	Dr Pallavi Nanaiah
16	Kankanala Sridivya	Dr Jayaprasad Darsan
17	Kaveri .S. Sultanpuri	Dr Sharmada.B.K
18	Komal Jain. M	Dr Ramnarayan B.K.
19	Komal Singh	Dr Vinod Rangan
20	Manoj Kumar. T. V	Dr Archana R Naik
21	Manu. K	Dr Remya RM
22	N. Chaitra	Dr Vinod Rangan

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23	Pradeep Raj. J	Dr Preeti Patil
24	Pragya Singh	Dr Prashant N. T.
25	Prarthana Bharadwaj	Dr Nithin N Bhaskar
26	Saumya	Dr Sourabha.K.G
27	Sudha. S. K.	Dr Archana R Naik
28	Surabi Sasi	Dr Fatima Khalidi
29	Vishal	Dr Preeti Patil
30	Shubhangi Prakash Gupta	Dr Ramnarayan B.K.
31	Khesia Edison	Dr Sunil.S
32	Chandana Kalita	Dr Jayaprasad Darsan

II BDS Odd Batch 2020 – 2021

Sl.No	Name of the Students	Contact No.	Mentor
1	Gaganashree. H	7676450535	Dr Yashwanth.G
2	Madhumitha. S	7259688926	Dr Sreeharsha TV
3	Partha Jyoti Das	8134903202	Dr Sapna.D.V
4	Workad Aishwarya Ashokrao	8411801180	Dr Smitha Sharan
5	Akshhat Sanidhya	9838147979	Dr Ranjini M.A.

III BDS Odd Batch 2020 – 2021

Sl.No	Name of the Students	Contact No.	Mentor
1	Arpitha Murali	8147962286	Dr. Sarandha D L
2	Chandan. N	9113997388	Dr. Savitha A M
3	Dhrisyya. S	9945718393	Dr. Shobha E S
4	Karthika Bijumohan	8867379366	Dr. Chaya M David
5	Likhitha N	8495978532	Dr. Vedavathi B
6	Samarth P	9480053406	Dr. Karthik J Kabbur
7	Veluri Jahnavi	7066335532	Dr Prashant N. T.
8	Thallam Venkata Vineeth	7032184973	Dr Sunil.S

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36	Sayani Sarkar	F	9641639434	9436055793	sayanisarkar605@gmail.com	Rajasthan	Dr Brunda K
37	Shobha I Ganiger	F	8088389771	8147677520	srairforce771@gmail.com	Karnataka	Dr Pradeep Chandra K
38	Shreshth Sarthak Adavi	M	9945173700	9945192400	shreshth.adavi@gmail.com	Karnataka	Dr Krishnanand PS
39	Sindhu.KT	F	8088361909	9845364688	sindhukt2001@gmail.com	Karnataka	Dr Veena Pai S
40	Srijani Chowdhury	F	9538244422	9886404892	c.sreejani@gmail.com	West Bengal	Dr Krishna Kumar GR
41	Sunil S	M	7337674788	9901775722	sunilsubbarayappa@gmail.com	Karnataka	Dr Ranjini MA
42	Swaroop Kumar MS	M	6361762423	9538669797	swaroopkumar4503@gmail.com	Karnataka	Dr Brunda K
43	Thanushree. N	F	6362041369	9741440133	thanuswara142@gmail.com	Karnataka	Dr Yashwanth G

Copy to -

1. Principal's office
2. Mentorship committee
3. Notice board

Principal
PRINCIPAL
 Dhruva Sagar College of Health Sciences
 Kumaraswamy Layout,
 Bangalore - 560 078

Mentor-Mentee Allocation

Sl.No.	Name of the Students	Gender	Whats App. No.	Parent's Mob. No.	e-mail	State	Mentor
1	Aadesh R Kalmane	M	7829488656	9731622187	aadeshrk2k@gmail.com	Karnataka	Dr Veena Pai S
2	Aminul Hassan Laskar	M	7576030167	9706199080	aminilaskar6@gmail.com	ASSAM	Mrs. Vidya G
3	Andrea Maria Fonseca	F	9767913765	9824046864	keithfonseca@rediffmail.com	Goa	Dr Vidya MA
4	Annapoorna	F	8098286211	9844824649	ravikumaropawar6@gmail.com	Karnataka	Dr Vidya MA
5	Apramita Sarangi	F	6370557406	9771482918	apramitasarangi@gmail.com	Odisha	Mrs. Vidya G
6	Ayesha Noorain A	F	9108391730	9901855181	mahaboob302215@gmail.com	Karnataka	Dr Yashwanth G
7	Ayesha Samcen	F	9986545274	7676098938	kzcthsn@gmail.com	Karnataka	Dr Ashok HK
8	Chaitra. G	F	9886192832	9886192832	chaitranaidu.g@gmail.com	Karnataka	Dr Veena Pai S
9	D Sai Sreeja	F	9390073933	9440813309	venkatdursesety925@gmail.com	Andra Pradesh	Dr Ashok HK
10	Dishani. A	F	6362957695	9945620777	aniisriranga@gmail.com	Karnataka	Dr Veena Pai S


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Bangalore - 560 078.

26	Saunya	F	7523941109	8127475917	n.saunyanishi@gmail.com	Uttar Pradesh	Dr Sourabha.K.G <i>Somali</i>
27	Sudha. S. K.	F	8722668748	9741603697	sudhaskolur@gmail.com	Karnataka	Dr Archana R Naik
28	Surabi Sasi	F	9482838072	9448521922	surabhisrock@gmail.com	Karnataka	Dr Fatima Khalidi <i>Bin</i>
29	Vishal	M	9663916279	9620457887	vishalerali868@gmail.com	Karnataka	Dr Preeti Patil <i>Dev</i>
30	Shubhangi Prakash Gupta	F	9546372875	9934209678	shubhangi.gupta@uws.edu.in	Bihar	Dr Ramnarayan B.K
31	Khesia Edison	F	7012908509	9645308333	khesiaedison5928@gmail.com	Nagaland	Dr Sunil.S <i>h</i>
32	Chandana Kalita	F	9980793857	7483341731	chandukalita579@gmail.com	Assam	Dr Jayaprasad Datta <i>h</i>

Copy to-

1. Principal's office
2. Mentorship committee
3. Notice board

H
Principal
PRINCIPAL
Dayananda Sagar College of Denta
Kumarawamy Layout
Bangalore - 560 078.

H

12	Harshitha NG Puranik	F	8105353155	9611781897	harshithang13@gmail.com	Karnataka	Dr Darshana S Nay
13	Hima .A. Girish	F	8075588154	7012545988	himaagirish@gmail.com	Kerala	Dr Smitha B. Kulka
14	Hitesh. N	M	8884698661	923107040	nhitesh6@gmail.com	Karnataka	Dr Sreeharsha TV
15	Jyoti Singh	F	8709237871	7761891190	iyotisingh1157@gmail.com	Bihar	Dr Pailavi Nanaiah
16	Kankana Sridivya	F	9535883553	9900041889	sridivyakankana@gmail.com	Karnataka	Dr Jayaprasad Dar
17	Kaveri .S. Sultanpuri	F	9108548895	9945943479	kaveri.sultanpuri18@gmail.com	Karnataka	Dr Sharmada B.K
18	Komal Jain. M	F	7406841545	6362321342	jjaink0180@gmail.com	Karnataka	Dr Ramnarayan B.I
19	Komal Singh	F	7463987662	7004423900	kornalsingh13015702@gmail.com	Bihar	Dr Vinod Rangan
20	Manoj Kumar. T. V	M	9110693452	9900754044	manojkumartv25@gmail.com	Karnataka	Dr Archana R Naik
21	Manu. K	M	7676453254	9731629446	manugowda2456@gmail.com	Karnataka	Dr Remya RM
22	N. Chaitra	F	6364793240	7899598559	chaitra.coo18@gmail.com	Karnataka	Dr Tulasi Nayak
23	Pradeep Raj. J	M	9535381454	9739813194	prdsie@gmail.com	Karnataka	Dr Preeti Patil
24	Pragya Singh	F	7795091200	9243700546	aksingh@gmail.com	Karnataka	Dr Prashant N. T.
25	Prarthana Bharadwaj	F	7576862175	9435210149	pakhi7576862175@gmail.com	Assam	Dr Nithin N Bhask


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Dayananda Sagar College of Dental Sciences
Kumaraswamy Layout,
Bangalore - 560 078.

Mentor-Mentee Allocation


Sl. No.	Name of the Students	Gender	Whats App. No.	Parent's Mob. No.	e-mail	State	Mentor
1	Aishwarya Biswas	F	8697488800	9123305616	aishwaryabiswas2017@gmail.com	West Bengal	Dr Tulasi Nayak
2	Ankita Arya	F	9162934955	9431258086	akhileshaniu1@gmail.com	Karnataka	Dr Smitha Sharan
3	Ashwini. C	F	8310729723	9739857697	ashwiniyadav13@gmail.com	Karnataka	Dr. Revanga KM
4	Atika Ifath	F	8970397018	9611854972	akitalfath@gmail.com	Karnataka	Dr Mahesh D.R.
5	Chatre Aishwarya	F	9108421591	9972896791	aishwaryachatre@gmail.com	Karnataka	Dr Fatima Khaidi
6	Chiraag. S	M	7760589091	8884314317	chiraag781@gmail.com	Karnataka	Dr Prashant N. T.
7	Ekta Singh	F	8340571295	9431882838	ektaarya.pm.1997@gmail.com	Bihar	Dr Sourabha K.G
8	G. C. Gargi Prakash	F	9148388035	9482708207	ecgargiprakash@gmail.com	Karnataka	Dr Sunil S
9	Gajare Ganesh Dattatray	M	9740006974	9900707887	ganu.gajare@gmail.com	Karnataka	Dr Kavitha M
10	Geetha Priya. Y. B	F	9902279665	9902241559	sugunabasu6@gmail.com	Karnataka	Dr Nithin N Bhasika
11	Harshitha. B. N	F	8073582948	9845376121	harshithanarasimhaiahaha@gmail.com	Karnataka	Dr Gargi S Murthy


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11	G Tapaswi Preethika	F	8374346371	9986511706	tapaswipreethika@gmail.com	Telangana	Dr Ranjini MA
12	Gagan. C. P	M	9110258686	9742449607	gegancp01@gmail.com	Karnataka	Dr Sangeetha R
13	Harshitha B.Y	F	8431564132	9449260265	aishubv1702@gmail.com	Karnataka	Dr Sangeetha R
14	Huda Nadeem	F	9108653963	9535366452	huda18207@gmail.com	Karnataka	Dr Yashwanth G
15	Indu. K	F	8971860635	9986552259	induk1999@gmail.com	Karnataka	Dr Krishna Kumar GR
16	Jeff Patrick	M	9820679074	9833798498	jeff.patrick29@gmail.com	Kerala	Dr Krishnanand PS
17	Jyoti Prakash Das	M	9435900509	9435308542	jyotiprakashdas1303@gmail.com	ASSAM	Dr Sangeetha R
18	K Poojitha	F	9900089529	9900089529	nkpoolitha1980@gmail.com	Karnataka	Dr Ashok HK
19	K. Ram Shishir Reddy	M	8105477633	8123245665	ramzshishir@gmail.com	Karnataka	Dr Mohd Nizam
20	Madhura. R	F	9844922775	9845271775	ravikumar8474@gmail.com	Karnataka	Dr Swapna DV
21	Maisikam Kaurinta	M	7005044993	9436011758	rkzeliang@gmail.com	Nagaland	Dr Sangeetha R
22	Malavikha V	F	9353240169	9986478717	mailmalavikhasv@gmail.com	Karnataka	Dr Pradeep Chandra K
23	Mamatha Suthar	F	9113982809	9845469533	mamathajanid185@gmail.com	Karnataka	Dr Pradeep


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						Chandra K
24	Megha S	F	9986911524	9483964929	meghaanu2000@gmail.com	Karnataka Mrs. Vidya G
25	Miriya Rishitha	F	8374577210	9885230918	rishithagupta4443@gmail.com	Andra Pradesh Dr Krishnanand PS
26	Nazia Hassan	F	6003796549	9435324147	hassannazia28@gmail.com	ASSAM Dr Ashok HK
27	Perumal Sowmya	F	8247070459	9480457685	vinperumal2000@gmail.com	Andra Pradesh Dr Mohd Nizam
28	Pooja	F	9611121964	9060820555	poojiewadi123@gmail.com	Karnataka Dr Ranjini MA
29	Pradnya Lagare	F	9620719426	8740264700	pradnyalagare123@gmail.com	Karnataka Dr Swapna DV
30	Preeti T	F	7899622556	9448865134	vasanthi.infonet@gmail.com	Karnataka Dr Brunda K
31	Raghshree S	F	8861982645	7760749361	revmas@yahoo.com	Karnataka Dr Krishna Kumar GR
32	Ranjitha N	F	9448736325	7406656967	sviu05jun@gmail.com	Karnataka Dr Ranjini MA
33	Sahana Suggi A. K	F	8277620918	9845757604	suggikumarriptur@gmail.com	Karnataka Dr Mohd Nizam
34	Sahana A. V	F	8431020439	8050178789	sahanareddy500@gmail.com	Karnataka Dr Swapna DV
35	Sanjana K Murthy	F	9148031612	9900446611	sanjucool8509@gmail.com	Karnataka Dr Vidya MA


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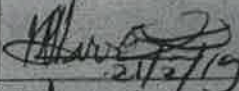

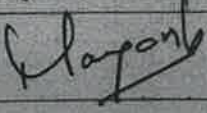
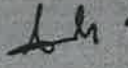

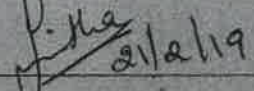
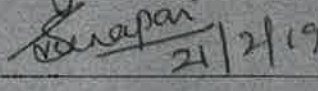

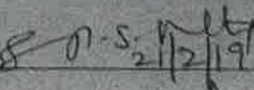

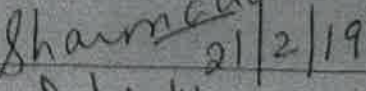
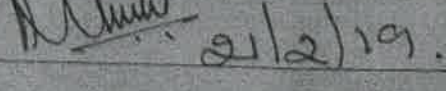
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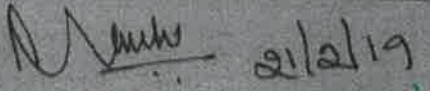
STUDENT MENTORSHIP COMMITTEE

ATTENDANCE- 21/02/19

venue:- SEMINAR HALL, DEPT. OF PUBLIC HEALTH DENTISTRY

Time:- 10:30AM- 11:45AM

Sl. No	Name	Signature
1	Dr. Mohamed Nizam Al Deen Shah	 21/2/19
2	Dr. T. Ramamurti	
3	Dr. Mayank Jaiswal	
4	Dr. Sunil S	
5	Dr. Sangeetha R	 21/2/19
6	Dr. Smitha B. Kulkarni	 21/2/19
7	Dr. Veera. Pai S	 21/2/19
8	Dr. Manasa Anand Meundi	 21/2/19
9	Dr. Gargi S. Musthy	 21/2/19
10	Dr. BRUNDA. K	 21/2/19
11	DR. SHARMADA. B. K	 21/2/19
12	DR. NAQESH L	 21/2/19
13		

chaired By:  21/2/19
Dr. Naqesh L

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

Shavige Malleshwara Hills, Kumaraswamy Layout

Bangalore - 560 078

Date: 24/01/2019

STUDENT MENTORSHIP COMMITTEE

Sl. No.	NAME	Designation	Position
1	Dr. Hemanth M	Principal	Chairperson
2	Dr. Nagesh L	Prof & HOD - Public Health Dentistry	Co-Chairperson & Chief Mentor
3	Prof. Capt. Nagaraj Subbarao	CEE & Professor SCMS, DSU	External Member
4	Dr. Ramamurti T	Prof & HOD - Pathology	Mentor
5	Dr. Manasa Anand Meundi	Professor- Oral Medicine & Radiology	Mentor
6	Dr. Sunil S	Associate Professor - Periodontics	Mentor
7	Dr. Gargi S Murthy	Reader- Pedodontics	Mentor
8	Dr. Smitha B Kulkarni	Reader - Public Health Dentistry	Mentor
9	Dr. Veena Pai S	Reader - Conservative Dentistry & Endodontics	Mentor
10	Dr. Sangeetha R	Reader - Oral Pathology	Mentor
11	Dr. Sharmada BK	Reader - Orthodontics	Mentor
12	Dr. Brunda K	Senior Lecturer - Prosthodontics	Mentor
13	Dr. Mayank Jaiswal	Senior Lecturer - Oral Surgery	Mentor
14	Dr. Md. Nizam Al-Deen Shah	Senior Lecturer - Physiology	Mentor

Copy to: Dr. Nagesh L

Dr. Krishnamoorty S

[Handwritten Signature]

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24/1/19

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
MENTORSHIP PROGRAM 2018-19
THIRD YEAR UNDERGRADUATE STUDENTS

Allocation of students to the respective mentors is given below. The students under the respective mentor are supposed to complete their clinical work, field work and project work within the stipulated period of time. Mentors are going to keep a constant watch on the progress of their students.

Students are supposed to report to the mentors periodically for any problems that they face with respect to studies or otherwise. Every student should lend himself/herself to be mentored so that the best in the student can be extracted. Mentors should report to the Chief Mentor, the progress made by the students under their mentorship and also discuss about the problems and challenges faced by the students with a thorough note of strengths and weaknesses.

	Dr. SMITHA	Dr. NITHIN	Dr. SOURABHA	Dr. JESWIN
1.	Aishwarya V	Akshay	Aliya	Allen
2.	Amulya	Anandi	Ananthu	Anjali
3.	Arvind	Archana	Arshiya	Barsha
4.	Daniel	Elizabeth	Hemavathi	Ishani
5.	Jaya	Gnan	K H Aishwarya	Kajol
6.	Karma	Kruthi	Albert	Meehu
7.	Minu	Mobin	Momik	Navneeth
8.	Niharika	Nikita	Pallavi	Parikeerthan
9.	Divya	Poukhnan	Rashika	Roopashree
10.	Shivani	Shriyanshi	Sowmya	Sumiran
11.	Vijay	Pinki Das	Shyamalima	Gebina

Mentors:

Dr. Smitha
 Dr. Nithin
 Dr. Sourabha
 Dr. Jeswin

Dr. L Nagesh
 Chief Mentor

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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
MENTORSHIP PROGRAM 2018-19
FINAL YEAR UNDERGRADUATE STUDENTS

Allocation of students to the respective mentors is given below. The students under the respective mentor are supposed to complete their clinical work, field work and project work within the stipulated period of time. Mentors are going to keep a constant watch on the progress of their students.

Students are supposed to report to the mentors periodically for any problems that they face with respect to studies or otherwise. Every student should lend himself/herself to be mentored so that the best in the student can be extracted. Mentors should report to the Chief Mentor, the progress made by the students under their mentorship and also discuss about the problems and challenges faced by the students with a thorough note of strengths and weaknesses.

	Dr. SMITHA	Dr. NITHIN	Dr. SOURABHA	Dr. JESWIN
1.	Deepashri	Jitha	Gokul	Divya
2.	Darshini Priya	Surya Prakash	Karthika	Harsha
3.	Tenzin	Minahazul	Likitha	Keerthi
4.	Negin	Ameneh	Akshata	Ayushi
5.	Zuwaina	Zain	Anaida	Chaithanya
6.	Shreya	Vishnu	Arjun	Sreejith
7.	Mikayeel	Ananthesh	Safa	Nikita
8.	Mimansa	Nairuthya	Syeda Ramzee	Rashmitha
9.			Charu	Kishen
10.			Tasneem	Anju
11.			Shwetha	Mahima
12.			Reshma	Shabnam
13.			Sherin	Sunaina
14.			Swapnil	Swasti
15.			Madhuri	Hemanth
16.			Rajshree	Raksha
17.			Sadiq	Naveen

Mentors:

Dr. Smitha
 Dr. Nithin
 Dr. Sourabha
 Dr. Jeswin

Dr. L Nagesh
Chief Mentor


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ADAPTING THE MENTORING MODEL- First Meeting

Goal

a) Topic of Discussion

1) What would you like to discuss on today?

I discussed about my struggles and how
am supposed to learn for my internals
and about my time being ~~too~~ getting
waste

2) Do you have any issues to be addressed today?

a) Academic

b) Non academic

3) What do you think we should achieve at the end of the year- Long term goal

to be good at my studies

Reality

Issues Related

a) Why do you think this is happening?

because of me being irresponsible and
not paying much attention at my studies

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b) How frequently is this happening?

mostly everyday

c) Have you made any changes or attempts towards solving this issue? yes.

d) How can I help you?

I should manage my time

Obstacles/ options

a) What factors are stopping you from achieving goal?

inflation

b) Are there any other issues bothering you?

c) How do you think this could be avoided?

by stop wasting my time

d) How can I help you?

Way forward

a) Do you think you are in line with the goals that are set?

on the way

b) Are you in right pace to arrive at your goals?

on the way

c) What change do you want to see before our next visit (3 months)-Short term go

Home management

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PURPOSE

This mentoring agreement was created to ensure mentees and mentors develop a mutual understanding of expectations from the beginning of their relationship. Additionally create a series of identifiable benchmarks and goals to work towards and evaluate progress.


- This contract will help each mentee/ mentor pair
- Establish communication expectations
- Identify goals for this mentoring relationship
- Outline skill areas to be enhanced or developed through this partnership

As a mentee, I agree to do the following

- 1) Meet regularly with my mentors and maintain frequent communication.
- 2) Look for multiple opportunities and expressions to enhance my learning.
- 3) Review my progress and adjust myself as I work towards my identified goals.
- 4) Maintain confidentiality of our relationship.
- 5) I carry trust in the relationship.
- 6) Participate in the mentoring programme evaluation and review.

As a mentor, I agree to do the following

- 1) Serve as a mentor for ____ months and provide guidance oversight and encouragement.
- 2) Provide feedback regarding mentorship contract progress and experience.
- 3) Meet in person or communicate regularly with my mentee to review his/her progress and help them to work towards identified goals.
- 4) Maintain confidentiality of our relationship.
- 5) Work in the interest of the mentee.


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This agreement outlines the goals and experiences agreed upon by mentor and mentee. If at any time during the duration of mentoring contract, one member of mentoring pair does not feel like the other is able or willing to fulfil the items agreed to above,

Please contact: Dr. Hemanth. M - 9845459666

Dr. Nagesh. L - 9844035470

DISCLAIMER

- Academic and Non academic issues when necessary will be escalated to the view of higher authorities and parents.

- Parents are equally responsible and need to be committed to ensure the success of mentor-mentee relationship.

CONFIDENTIALITY

We/I agree that any personal issues discussed shall not be disclosed or discussed with other colleagues (students /staff)

Name of Mentor: _____

Signature: _____

Date: 11/6/22

Name of Mentee: _____

Signature: _____

Date: 11/6/22

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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

MENTORSHIP COMMITTEE

Action taken regarding the complaints received in the mentor mentee meetings. (2020)

There were few issues raised by the mentees in the mentor - mentee meetings. Few students reported that the toilets were untidy, some labs were not clean and issues with hostel facilities and the same was informed to the concerned departments, facilities and hostel management to look into the matter and resolve at the earliest. 1st BDS student expressed that they were not able to understand one of their subjects as it was difficult to cope up with the speed of the faculty during the theory classes so the same was informed to the concerned faculty and the issue was resolved.

Action taken regarding the complaints received in the mentor mentee meetings. (2021)

There were few issues raised by the mentees in the mentor - mentee meetings. 12 students (2nd, 3rd and 4th BDS) expressed to be going through depression, low self-confidence, anxiety attacks, lack of concentration and general communication problems. These students were referred for psychological counseling with the counselor appointed by college after obtaining their consent forms. 8 students expressed difficulty in getting patients to complete their clinical quota work and the same was intimated to the concerned specialty departments. Few students reported that the toilets were untidy, some labs were not clean and issues with hostel facilities and the same was informed to the concerned departments, facilities and hostel management to look into the matter and resolve at the earliest.

Action taken regarding the complaints received in the mentor mentee meetings. (January 2022)

There were few issues raised by the mentees in the mentor - mentee meetings. Few 4th year students reported that they had not received Hepatitis B vaccine and the same was informed to the concerned committee and vaccination was done. Two 4th year students and one 2nd year student had psychological issues and were referred for psychological counseling with the counselor appointed by college after obtaining their consent forms.

Action taken regarding the complaints received in the mentor mentee meetings. (June 2022)

There were few issues raised by the mentees in the mentor - mentee meetings. The 2nd year students reported that there was a lag in completing the syllabus of pharmacology subject so the same was informed to the concerned faculty. Students expressed issues with the classroom benches and projectors and the same was put forth to the concerned personnel.



Member Secretary



Principal

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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

MENTORSHIP COMMITTEE

Action taken regarding the complaints received in the mentor mentee meetings.

There were few issues raised by the mentees in the mentor mentee meetings. The college has taken the following measures to rectify the problems. Personal meetings have been conducted with the concerned departments and faculty and official letters have been issued.

SL NO	ISSUES	PERSONNEL
1	Laboratories are untidy	Concerned departments and lab technicians
2	Faculty	Concerned faculty and their department HOD
3	Unclean toilets	Facilities department
4	Psychological issues with the mentees	a. Psychological counseling has been done with the counselor appointed by college. b. Informed consent has been taken from the mentees who have been advised to attend counseling by the mentors. c. Non- consent forms have been taken from the mentees who have been advised counseling by the mentors but the mentees are not interested in counseling.

Member secretary



(Dr Smitha B Kulkarni)

Principal



(Dr Hemanth M)


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DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES

MENTORSHIP COMMITTEE

REPORT ON COUNSELING SESSIONS

Based on the reports sent by the mentors, students with psychological issues were identified and written consent was taken for the counseling. Each student attended two sessions of counseling (Each session was for one hour) conducted by Mr Arvind (Counselor appointed by the college). A feedback has been taken from the students. Among seven students who attended the counseling session, six students (85.7%) felt that the counselor listened to their issues patiently. They are willing to recommend the counselor to others based on their experience. They strongly agree that the counseling sessions have helped them in solving their psychological issues to a great extent. Only one (14.3%) student feels that the sessions have not helped in solving the issues that led them to take the sessions.


(Dr Nagesh L)


Dr. Nagesh .L M.D.S., PGDHP
Professor & HOD
Department of Public Health Dentistry
Dayananda Sagar College of Dental Sciences
Kumaraswamy
Bangalore



Chief mentor

Mentorship Committee



Received a copy


17/9/21